

THE MAGIC OF GIVING UP



Letting it go to focus on what
really matters



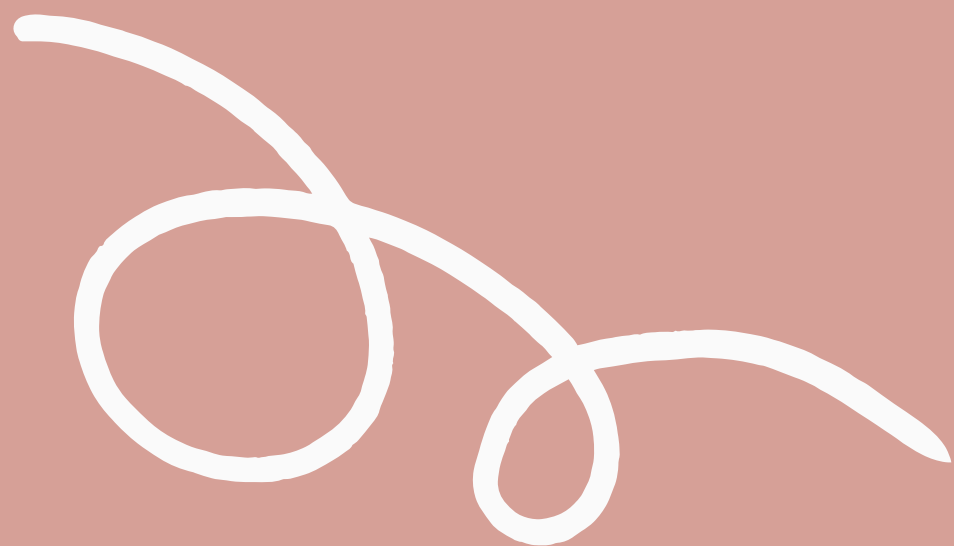
Hi, I am Pachi!

**And I want you to
Give Up...**





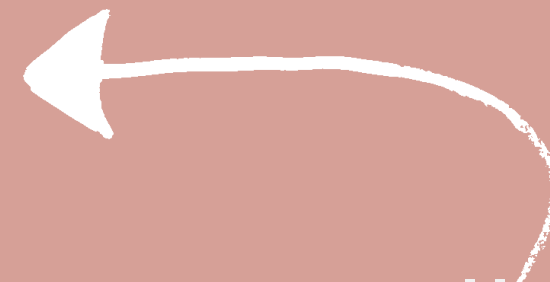
**I GAVE UP A LOT
DURING MY LIFE...**



**ONCE UPON A
TIME...**



Sleep Consultations is...



Actually Sleep Help



**I AM NOT A
BUSSINESS
PERSON**

THE NUMBERS

\$2.000 = Nanny Salary
Working 45 hours per week

Living Expenses = \$1.000



Sleep Training
Program = \$900,
month

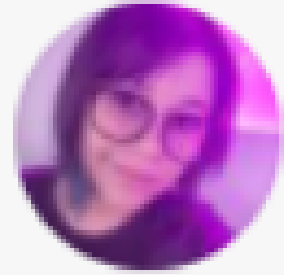
Invested 15/20
hours a week

Worry, stress,
anxiety...

Society is like...



@pachicodes



Pachi is a Relican 🪐 - she/her/ela @pachicodes · Feb 18



Have you ever kept: a relationship, job, project, class, or anything else that didn't bring you anything good and/or made you miserable, because you believed Giving up was a bad thing?

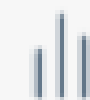
Yes

92.2%

No

7.8%

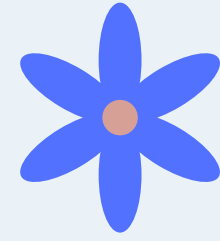
51 votes · Final results





Why is giving up a bad thing?

Failure,
Shame,
Pride,
Judgement,
Your In-Laws opinions...



GIVING UP IS OK!

* **YOU JUST
CAN'T**

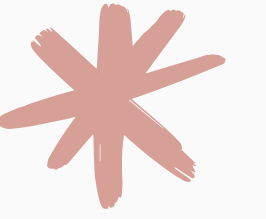


* **DON'T
REACTIVELY
QUIT**

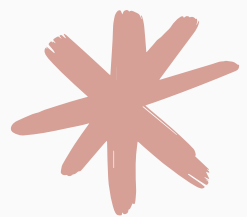


* **IT WILL PAY OFF/
YOU REALLY
WANT IT**





TRUST YOUR INTUITION





You are feeling miserable

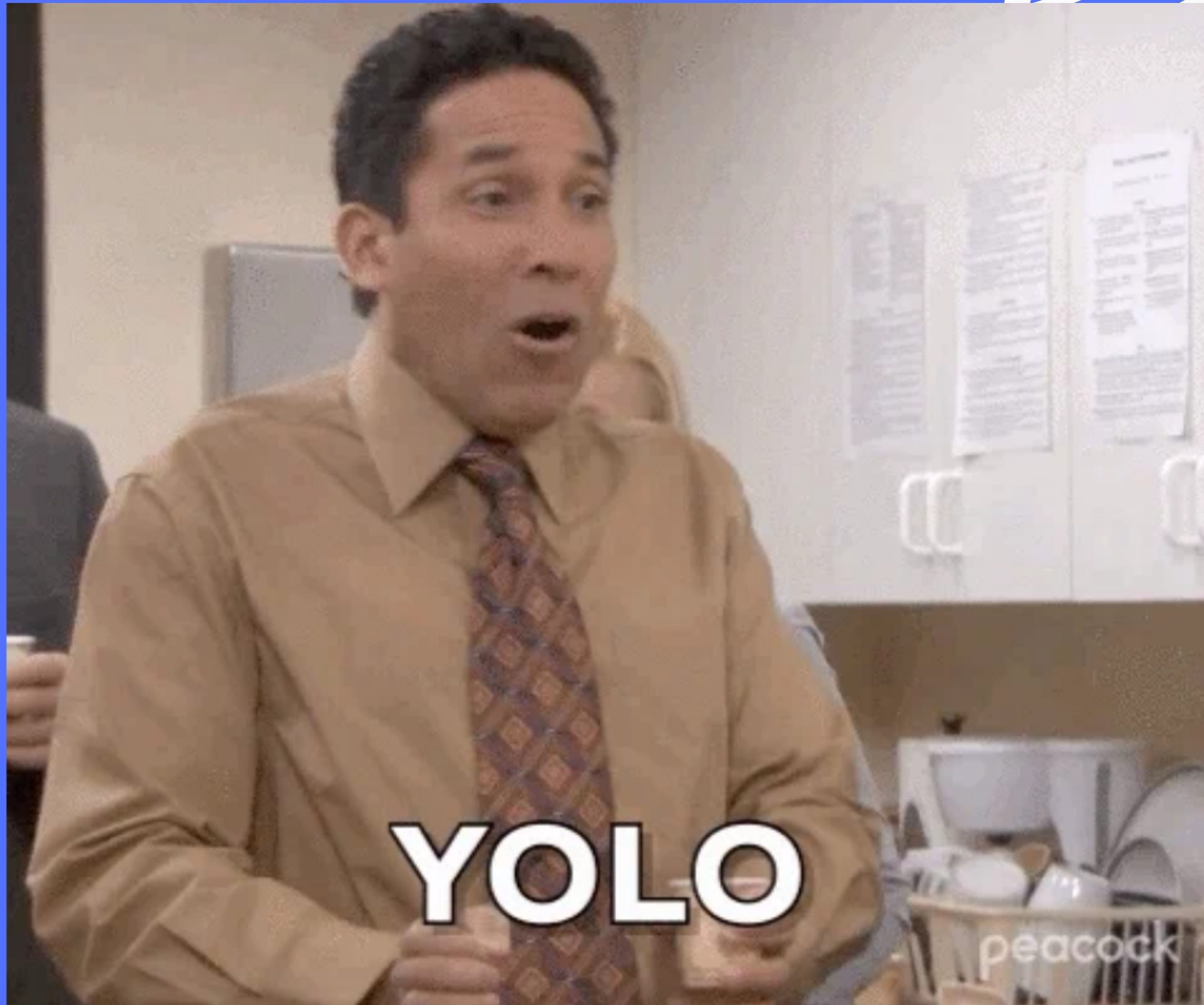
"Is it really worth the way it makes you feel?"

**It is taking the
focus from what
really matters to
you.**

"Quitting projects that don't go anywhere
are essential if you want to do great on the
right ones."

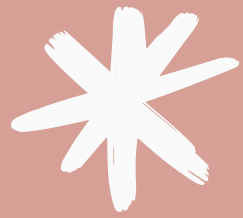


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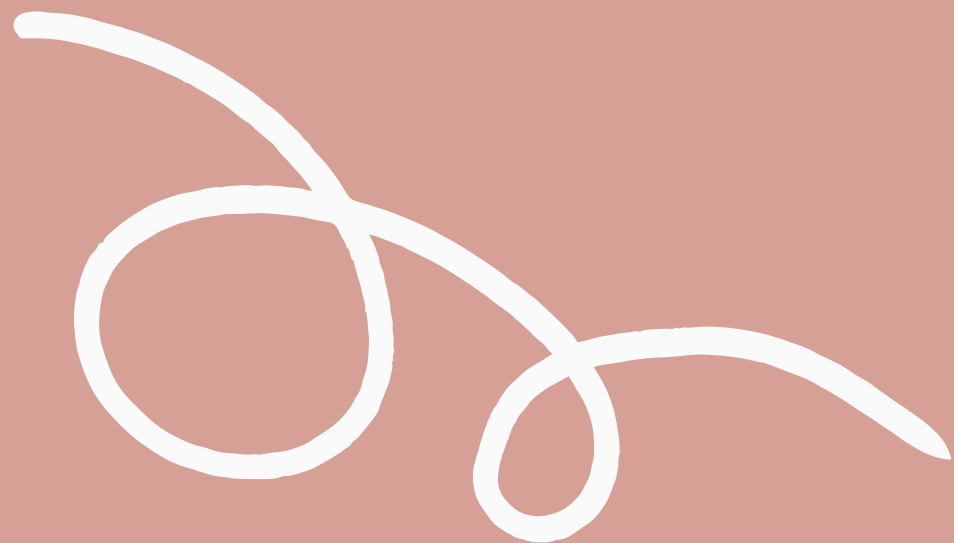


**WHY SPEND
YOUR TIME
WITH _____
WHEN YOU
COULD BE
DOING _____?**





**GIVING UP
ALLOWED ME TO
OPEN MY EYES TO
OTHER THINGS**



**- A job that aligns
with my values,**



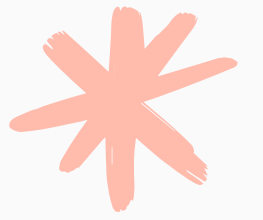
**- A job that aligns
with my values,
-6 figures salary,**






- A job that aligns with my values,
- 6 figures salary,
- Cool title:
Developer Relations
Engineer



Ask yourself:



-  1. What would change if I had more time/energy/ resources?
-  2. What is keeping me? Pride? Shame? Fear?
-  3. What matters the most to me?



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It is OK to give up!



Let's chat :)



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