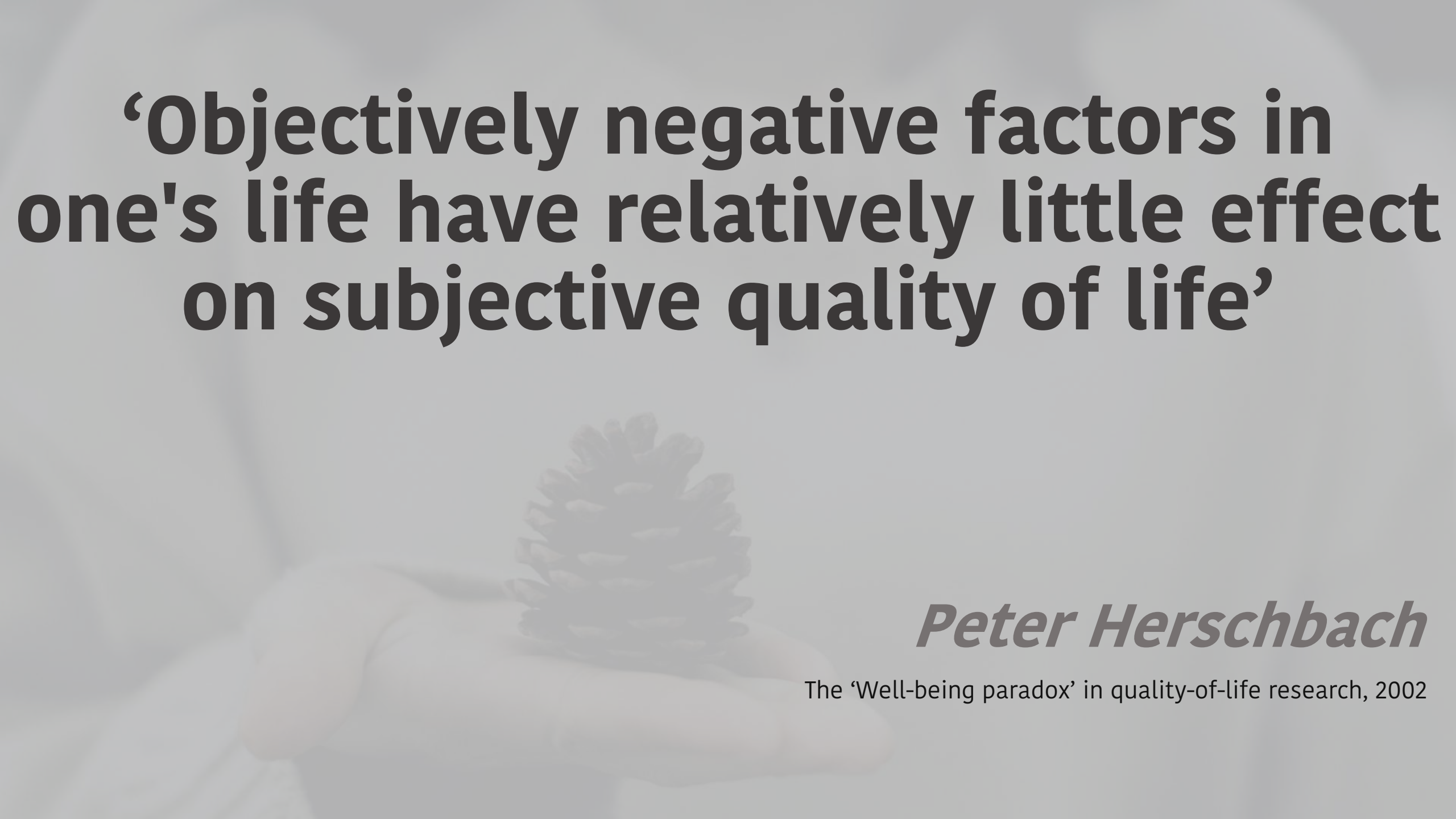


# The well-being paradox in learning to code

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A faint, grayscale background image of a hand holding a pine cone. The hand is positioned at the bottom center, with the fingers gently cradling the pine cone. The pine cone is dark and textured, contrasting with the lighter, blurred background of the hand and the overall scene.

**‘Objectively negative factors in one's life have relatively little effect on subjective quality of life’**

***Peter Herschbach***

The ‘Well-being paradox’ in quality-of-life research, 2002

**‘Success comes out of  
complexity’**

*Kirsty Young*

# **‘Objects-to-think-with’**

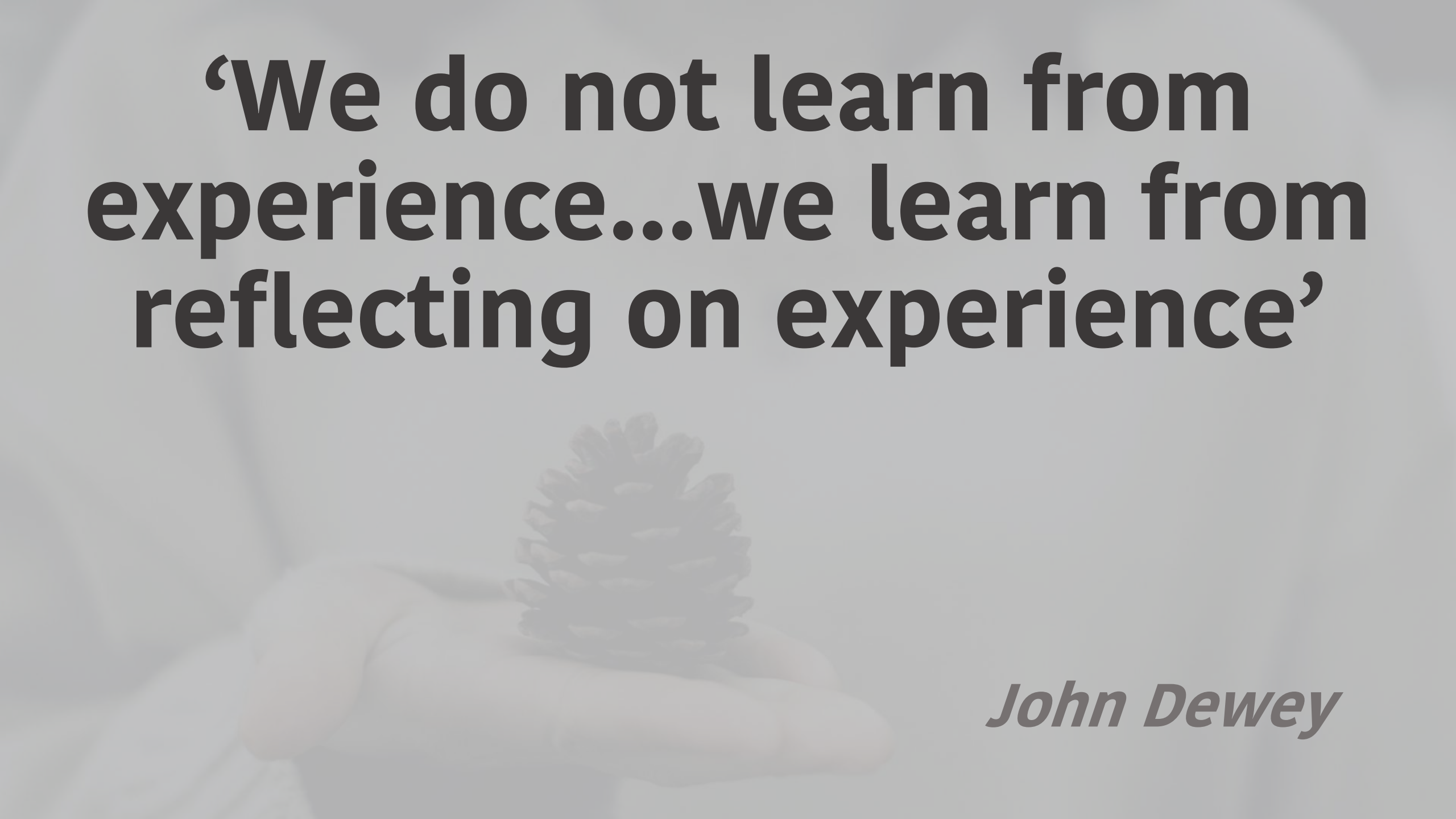
A grayscale photograph of a hand holding a pine cone, serving as the background for the text. The hand is positioned in the lower half of the frame, with the pine cone resting on the palm. The background is a soft, out-of-focus light gray.

*Seymour Papert*

A faint, grayscale background image of a hand holding a pine cone. The hand is positioned in the lower half of the frame, with the pine cone resting on the palm. The lighting is soft, and the overall tone is muted and contemplative.

**‘We become ourselves  
through everyone else’**

*Lev Vygotsky*

A faint, grayscale background image of a hand holding a pine cone. The hand is positioned in the lower half of the frame, with the pine cone resting on the palm. The lighting is soft, and the overall tone is muted and contemplative.

**‘We do not learn from  
experience...we learn from  
reflecting on experience’**

*John Dewey*

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