

LEADERSHIP THROUGH SELF- AWARENESS

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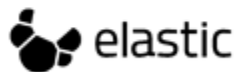
PLATINUM



GOLD



SILVER



COFFEE



QUIET ROOM





About Me




azenix

Lead Software Engineer
& Developer Relations



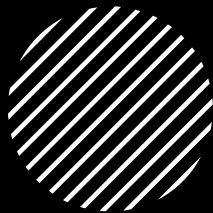
Microsoft MVP
Developer Technologies

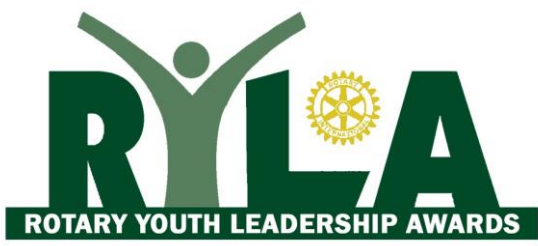
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LEADERSHIP

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A LEADER
IS
SOMEONE
WITH
FOLLOWERS



**WHAT
MAKES A
GOOD
LEADER?**

PLEASE SHARE YOUR
THOUGHTS

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*“As we look ahead into
the next century,
leaders will be those
who empower others.”*

- Bill Gates





**SELF-
AWARENESS**

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**INTERNAL
SELF-
AWARENESS**



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**EXTERNAL
SELF-
AWARENESS**



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	Low external self-awareness	High external self-awareness
High internal self-awareness	<p>INTROSPECTORS</p> <p>They're clear on who they are but don't challenge their own views or search for blind spots by getting feedback from others. This can harm their relationships and limit their success.</p>	<p>AWARE</p> <p>They know who they are, what they want to accomplish, and seek out and value others' opinions. This is where leaders begin to fully realize the true benefits of self-awareness.</p>
Low internal self-awareness	<p>SEEKERS</p> <p>They don't yet know who they are, what they stand for, or how their teams see them. As a result, they might feel stuck or frustrated with their performance and relationships.</p>	<p>PLEASERS</p> <p>They can be so focused on appearing a certain way to others that they could be overlooking what matters to them. Over time, they tend to make choices that aren't in service of their own success and fulfillment.</p>

SOURCE DR. TASHA EURICH

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NEGATIVES



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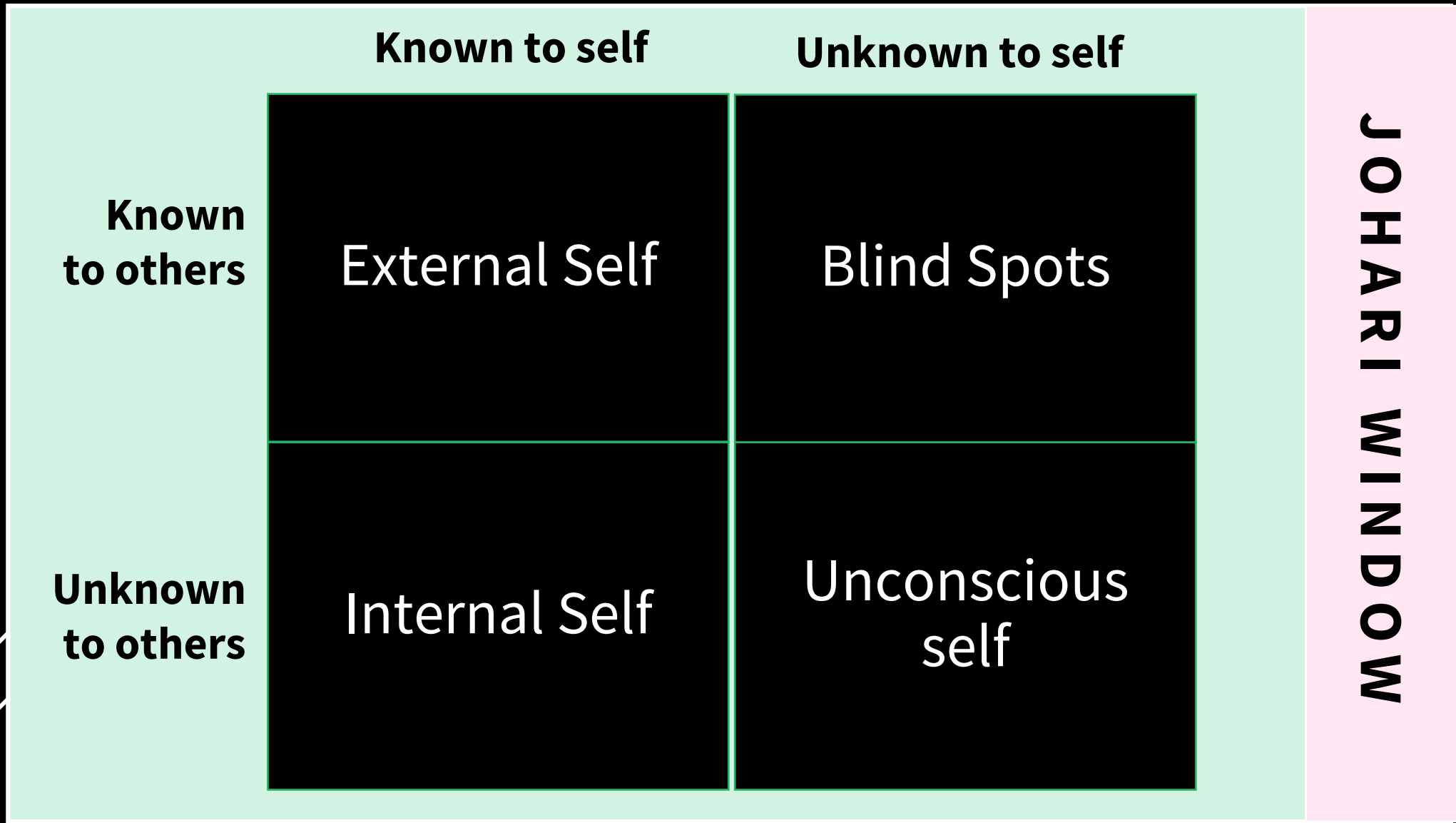


WHY

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WHAT
NOT WHY

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JOHARI WINDOW

POSITIVES

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PERSONALITY

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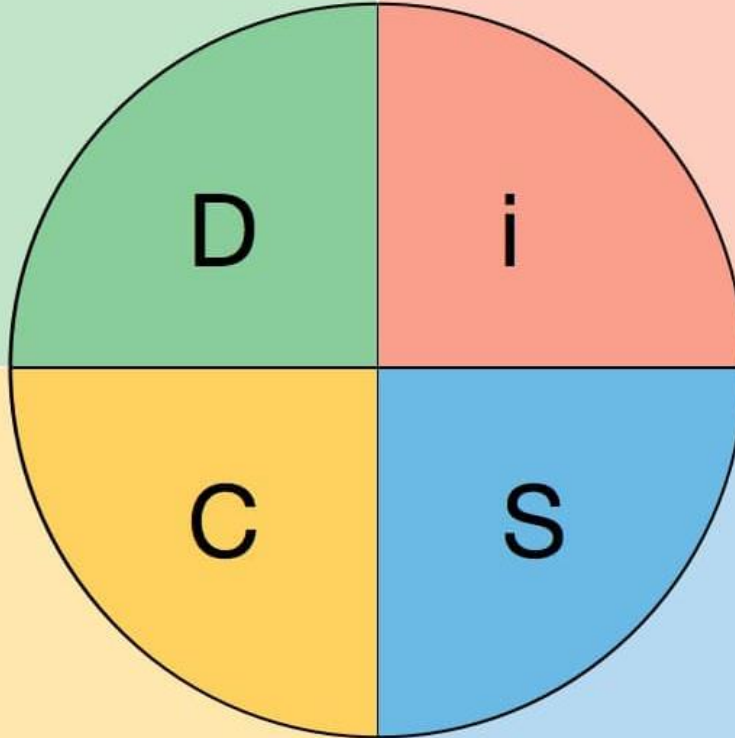
PERSONALITY

DOMINANCE

- Direct
- Results-oriented
- Firm
- Strong-willed
- Forceful

INFLUENCE

- Outgoing
- Enthusiastic
- Optimistic
- High-spirited
- Lively



- Analytical
- Reserved
- Precise
- Private
- Systematic

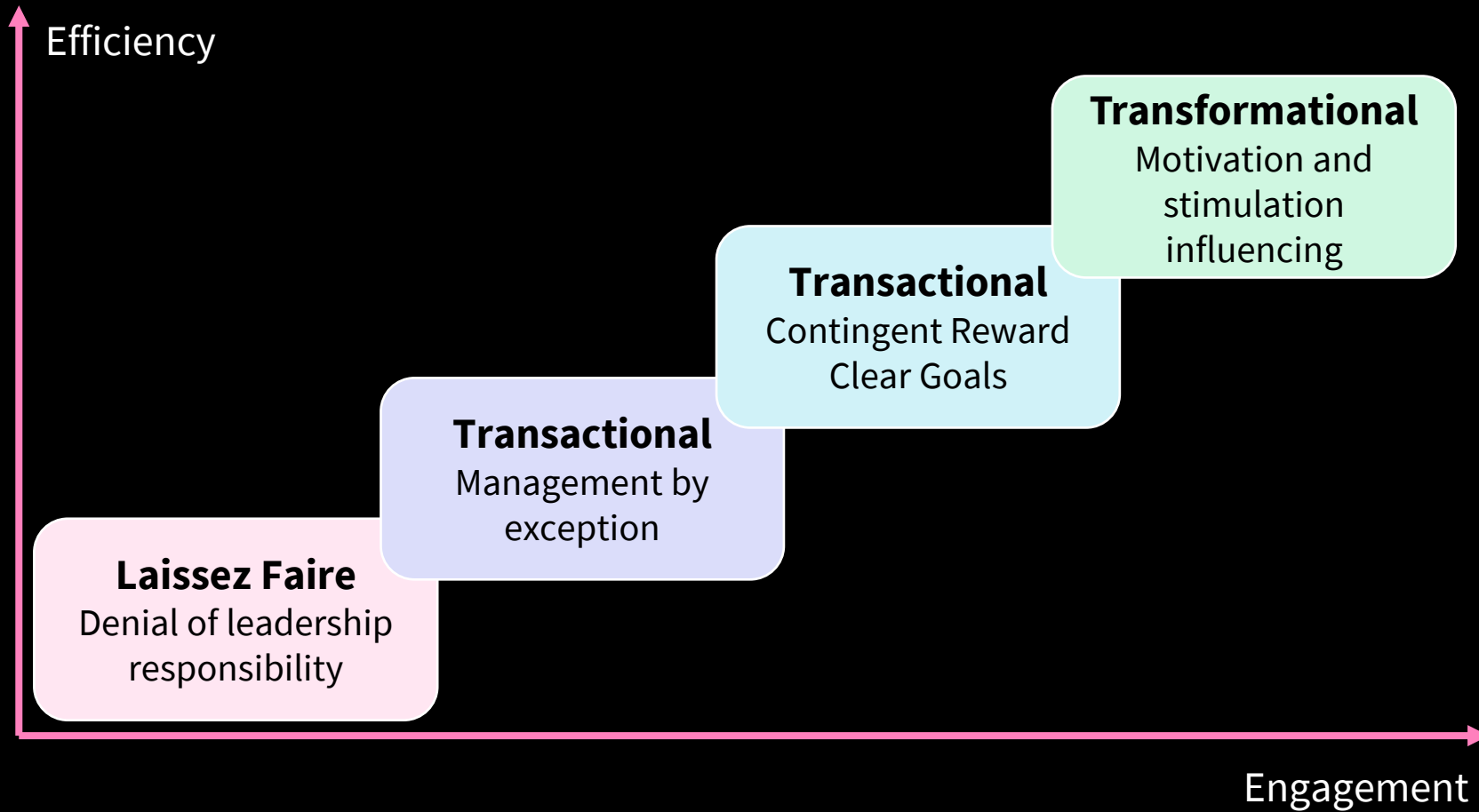
CONSCIENTIOUSNESS

- Even-tempered
- Accommodating
- Patient
- Humble
- Tactful

STEADINESS



LEADERSHIP STYLES



COMMUNICATION



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EMOTIONAL INTELLIGENCE



Emotional Intelligence Domains and Competencies


SELF-AWARENESS	SELF-MANAGEMENT	SOCIAL AWARENESS	RELATIONSHIP MANAGEMENT
Emotional self-awareness	Emotional self-control	Empathy	Influence
	Adaptability		Coach and mentor
	Achievement orientation	Organizational awareness	Conflict management
	Positive outlook		Teamwork
			Inspirational leadership

SOURCE MORE THAN SOUND, LLC, 2017

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WHY EMOTIONAL INTELLIGENCE?





**HOW TO
INCREASE
YOUR EQ?**





**S E L F -
L E A D E R S H I P**

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SELF- EFFICACY

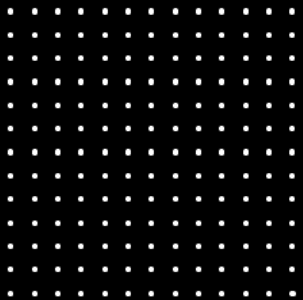
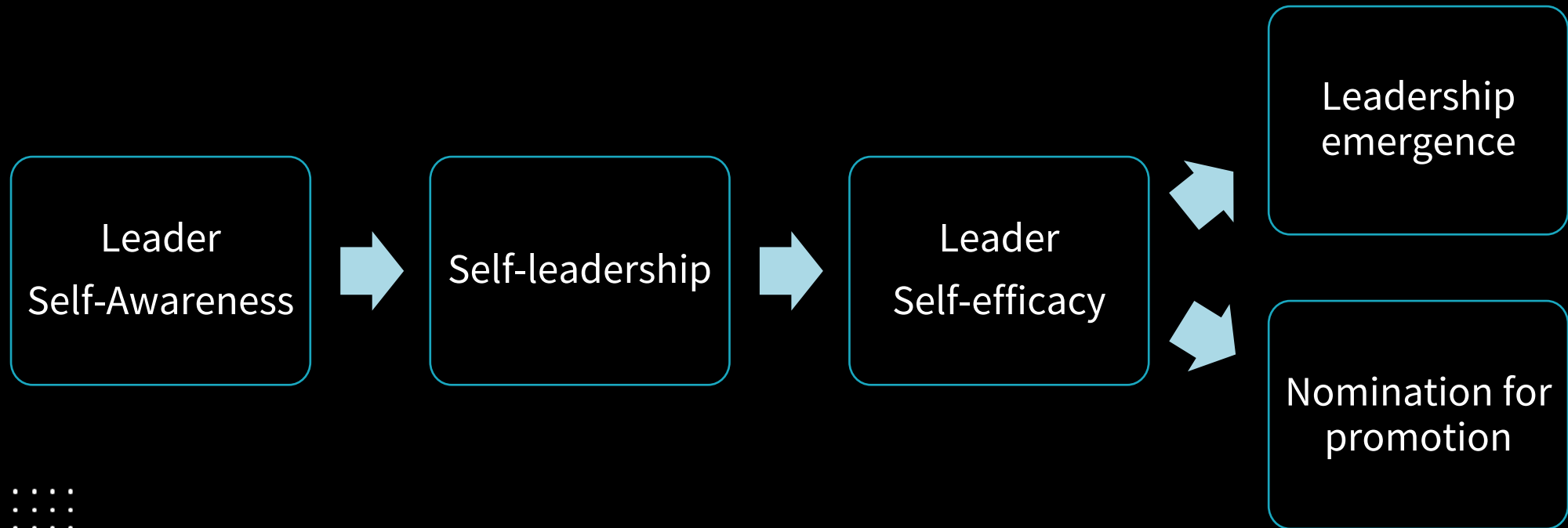


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**FOLLOWER
BENEFITS**



FOLLOWER BENEFITS





**ORGANISATION
BENEFITS**



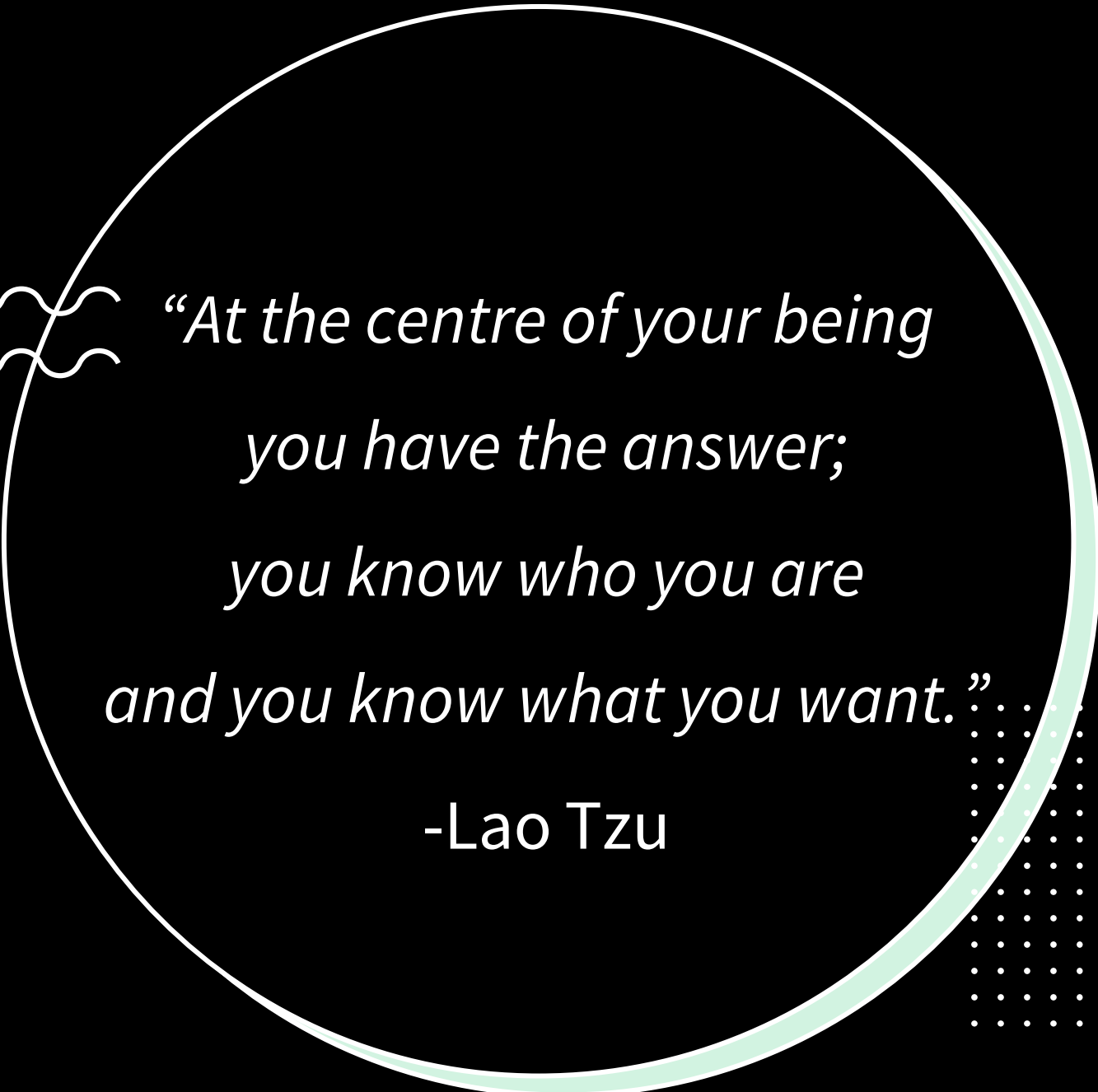
**BUILDING
SELF-
AWARENESS**

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SUMMARY

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*“At the centre of your being
you have the answer;
you know who you are
and you know what you want.”*

-Lao Tzu

THANK YOU!



<https://bit.ly/dddperth2022>



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