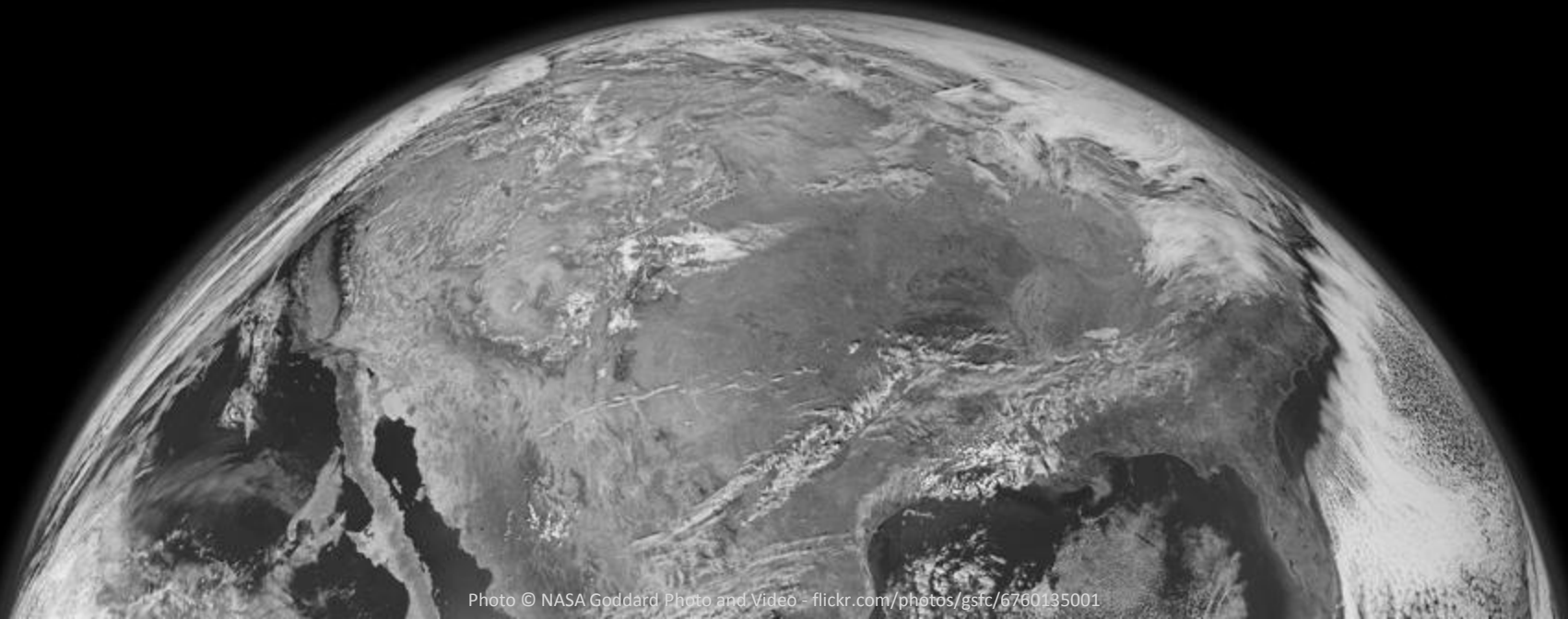
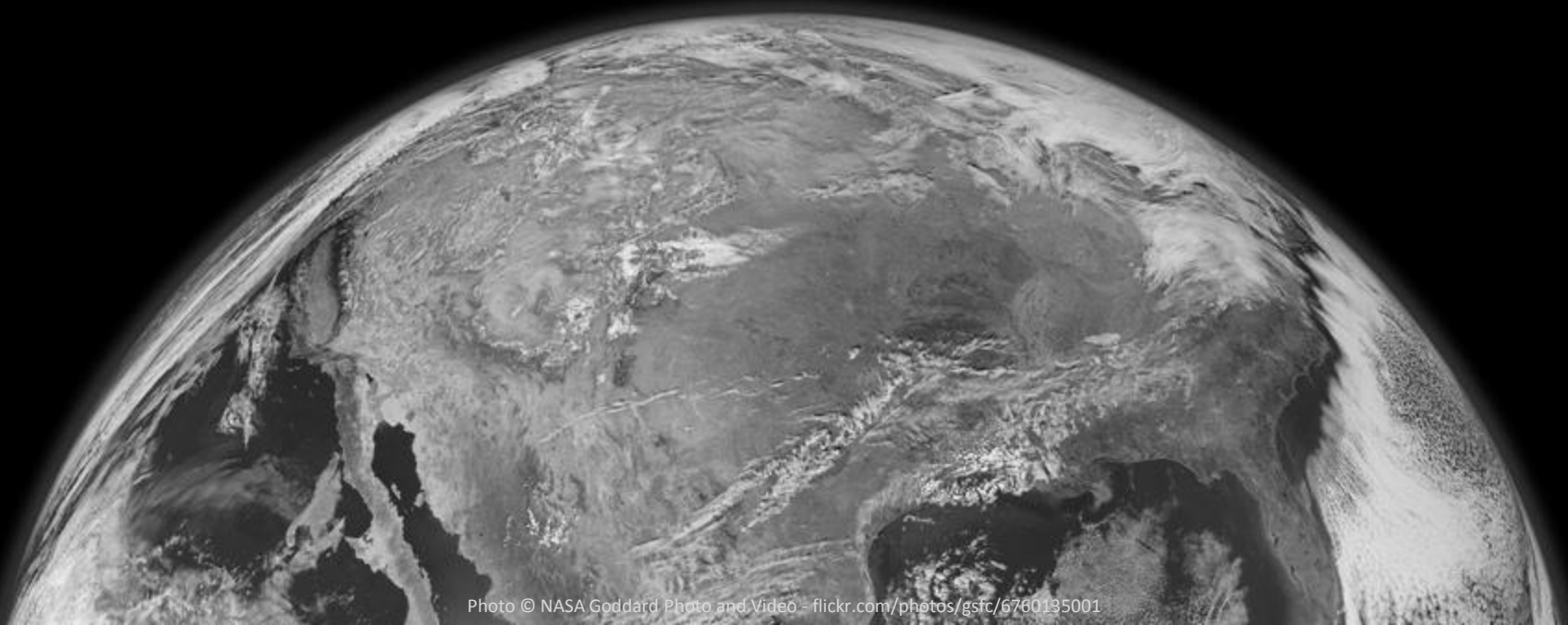


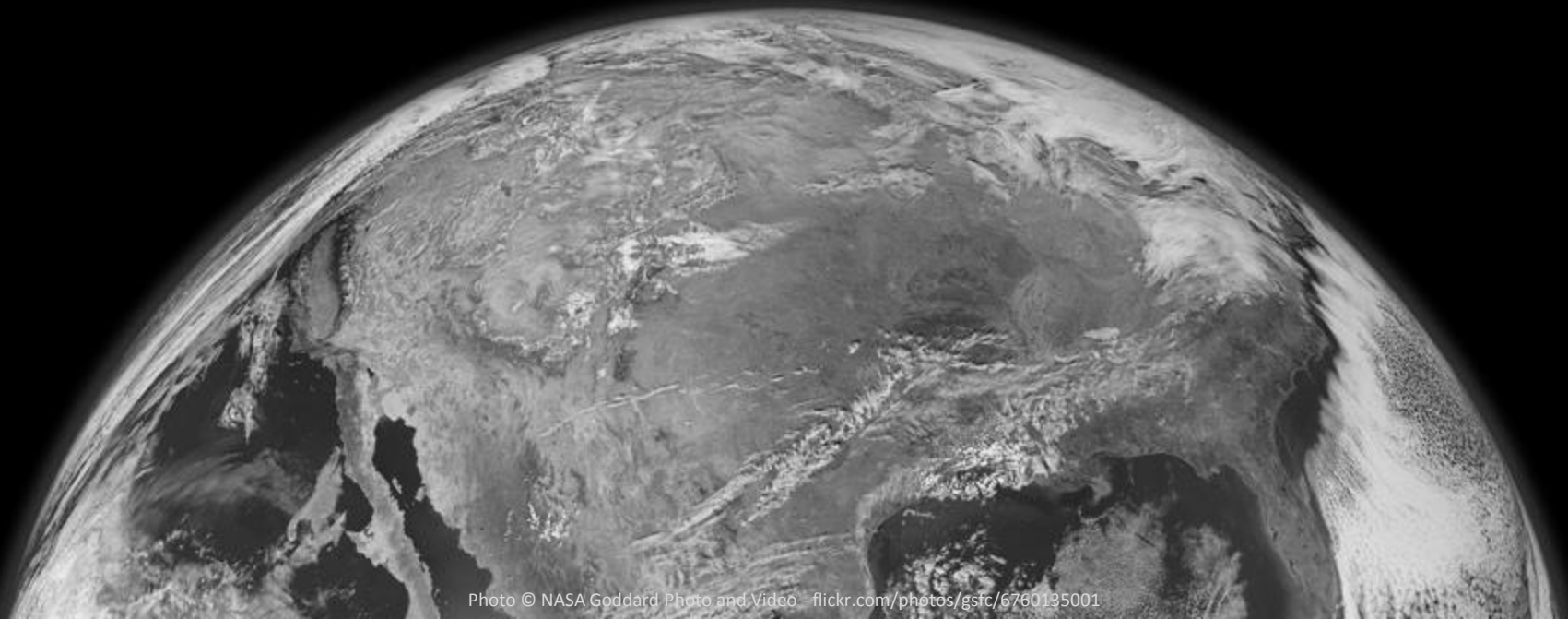
How introverts can survive in this extroverted world



Jonathon Colman
@jcolman



We live in an
extroverted
world



So what is
introversion?



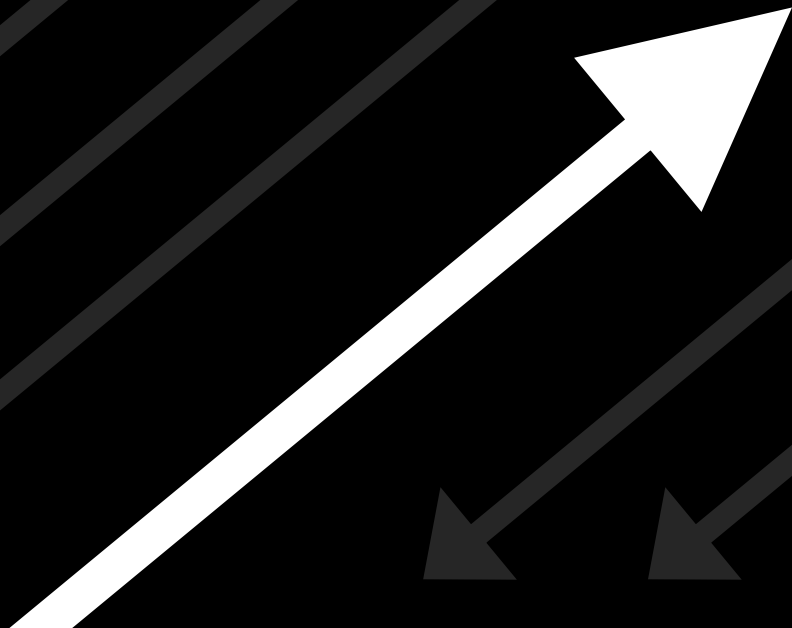


It's all
about
energy



There's nothing
wrong
with us

Introverts are
strong leaders





and
dedicated
lovers

We're just
a little
quiet
about it

A large, stylized number '5' in a dark gray color, positioned on the right side of the image. It has a thick, rounded stroke and a small rectangular cutout at the top right.

Five **life hacks** for introverts



Overloaded?

Focus on just
one person



Share an
activity

A large, stylized number '3' in a dark gray color, positioned on the left side of the image. It has a thick, rounded appearance with a slight shadow effect.

Feel free
to recharge

A large, stylized letter 'S' in a dark gray color, positioned on the left side of the image. It has a thick, rounded stroke and a small gap in the middle, giving it a modern, graphic appearance.

Feel free
to step out

Aaaaahh...

That's better.

A large, bold, gray number '4' is positioned on the left side of the image, extending from the top to the bottom. It has a thick, blocky appearance.

Be
direct



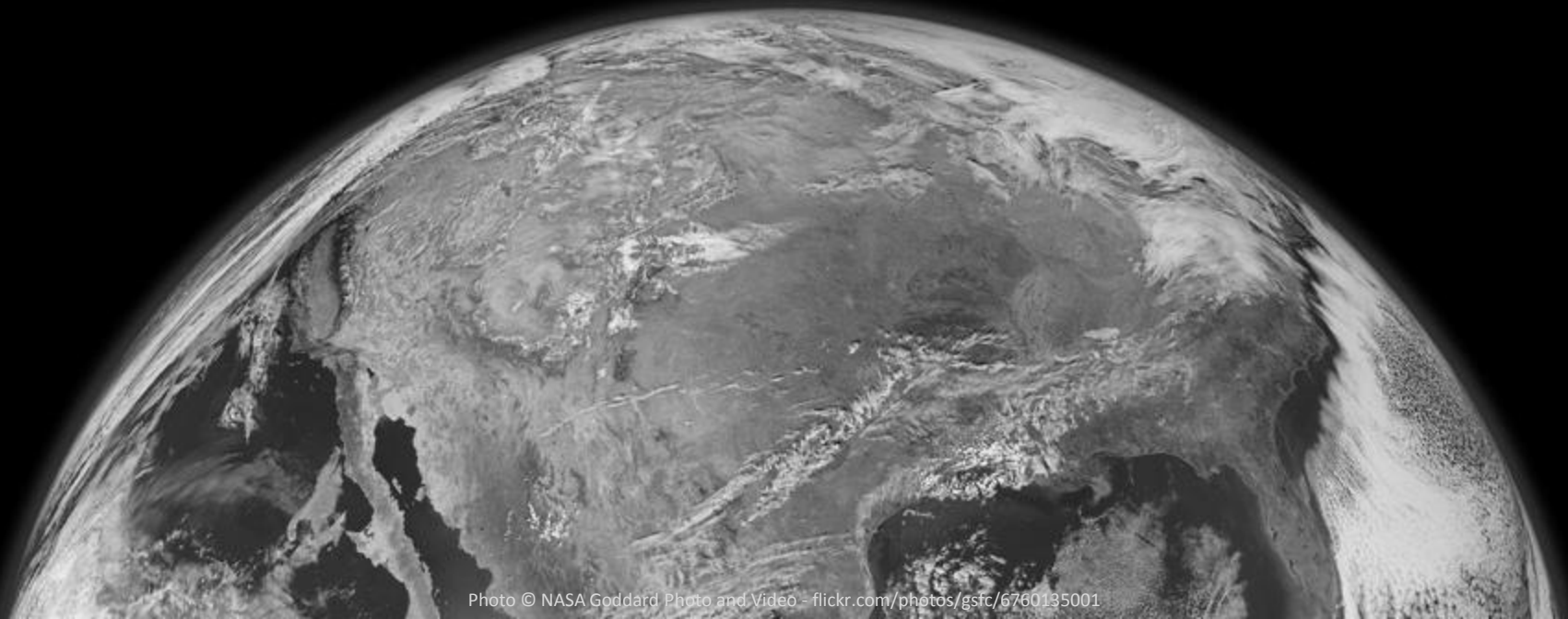
Be

honest

Stop
beating
yourself up



Introverts can
survive in this
extroverted world



Introverts can
thrive in this
extroverted world



