

Leveling up your career with soft-skills



Dawn Parzych

Developer Advocate

dparzych

Who am I?

Developer Advocate





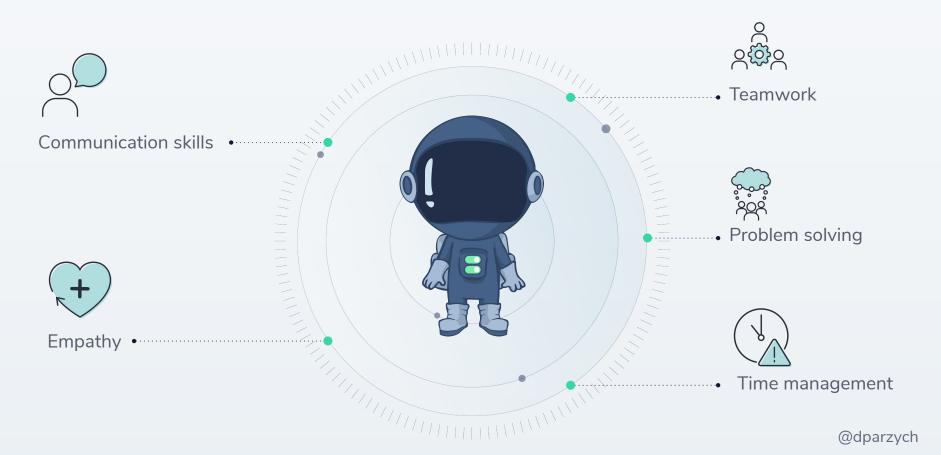


Former teacher





Needed Skills





Dan Abramov (on a vacation)



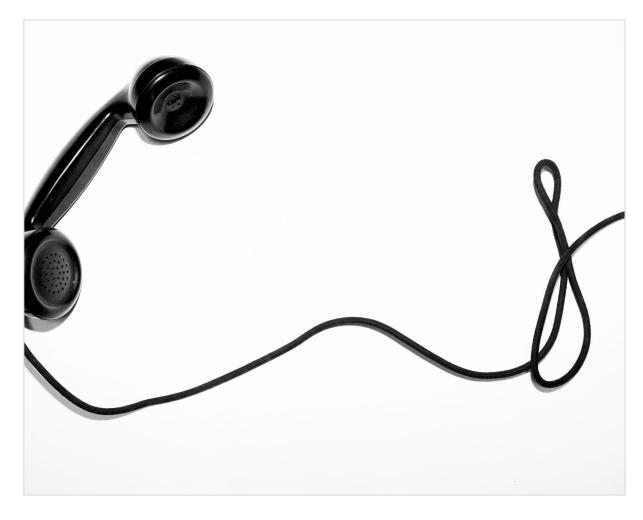
@dan_abramov

We often debate the importance of more technical vs more human skills for "senior" technical roles. I think juxtaposing them against each other creates a strange dynamic where you're supposed to pick a side. But both are kinda important and relevant?

♥ 910 2:59 AM - Jul 8, 2019

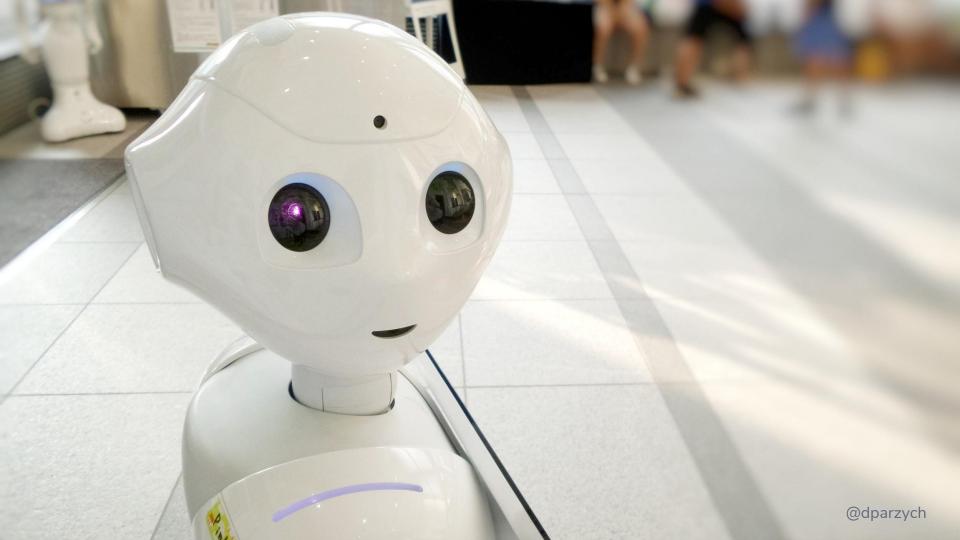






I've learned that the biggest source of failure is often due to people and teams. A lack of communication and coordination can cause serious problems.

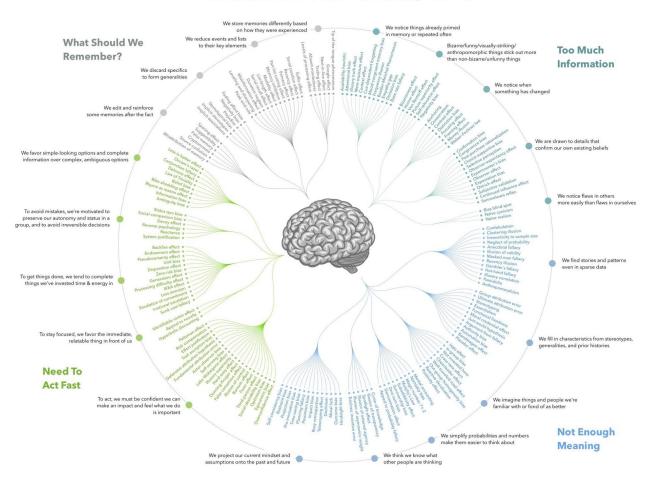
@laurieontech







COGNITIVE BIAS CODEX, 2016



COGNITIVE BIAS CHEAT SHEET

BECAUSE THINKING IS HARD



1 TOO MUCH INFO

SO ONLY NOTICE ...

- CHANGES
- BIZARRENESS
- REPETITION
- CONFIRMATION



3 NOT ENOUGH TIME

SO ASSUME ...

- WE'RE RIGHT
- WE CAN DO THIS
- NEAREST THING IS BEST
- FINISH WHAT'S STARTED
- KEEP OPTIONS OPEN
- EASIER IS BETTER



2 NOT ENOUGH MEANING

SO FILL IN GAPS WITH ...

- PATTERNS
- GENERALITIES
- BENEFIT OF DOUBT
- EASIER PROBLEMS
- OUR CURRENT MINDSET



4 NOT ENOUGH MEMORY

SO SAVE SPACE BY ...

- EDITING MEMORIES DOWN
- GENERALIZING
- KEEPING AN EXAMPLE
- -USING EXTERNAL MEMORY

BY OBUSTER HTTP://BIT.LY/THINKING-IS-HAR



Detritivore Biome means DOMAIN OF THE WORMS

@noahsussman

The best engineers are not only good at listening but they are good at explaining as well.

If you have been overwhelmed and intimidated by a senior engineer please consider the Dunning-Kruger effect. It's likely that person knows less than they think they do. A lot less.

6:23 PM · Sep 8, 2019 · Twitter Web App

"Failure is an opportunity to grow"

GROWTH MINDSET

"I can learn to do anything I want"

"Challenges help me to grow"

"My effort and attitude determine my abilities"

"Feedback is constructive"

"I am inspired by the success of others"

"I like to try new things" "Failure is the limit of my abilities"

FIXED MINDSET

"I'm either good at it or I'm not"

"My abilities are unchanging"

"I don't like "I can either do it, to be challenged" or I can't"

"My potential is predetermined",

"When I'm frustrated, I give up"

> "Feedback and criticism are personal

"I stick to what I know"





Four attributes of empathy



Perspective taking



Non-Judgemental



Recognizing emotions



Communicate understanding





"Empathy is much harder than we think...But to build empathy we need to slow down."







Me, talking a writer down from imposter syndrome: How long have you been writing?

Them: Three years.

Me: And how old are you?

Them: 28.

Me: Okay. So you're a level 28 human and a level 3 writer.

How good were you as a level 3 human?

Them: Oooooooh.

1:57 PM · Jan 24, 2018 · Twitter Web Client





How Can You Practice?



Pay Attention



Listen



Ask Questions

Top 5 tips to be a better human

- Listen twice as much as you speak
- Seek first to understand
- Be open to feedback
- Have a growth mindset
- Practice doesn't make perfect; practice makes better

Resources

https://compassionatecoding.com/blog/2019/4/17/if-you-can-use-a-fork-youre-technical

https://www.cnbc.com/2019/06/25/the-mindset-shift-employees-need-to-succeed-in-the-future-of-work.html

https://firstround.com/review/empathy-driven-development-how-engineers-can-tap-into-this-critical-skill/

https://qz.com/1016900/tracy-chou-leading-silicon-valley-engineer-explains-why-every-tech-worker-needs-a-humanities-education/

https://www.cio.com/article/3206166/3-steps-to-reduce-bias.html

https://slack.engineering/technical-leadership-getting-started-e5161b1bf85c

To download slides and/or get a LaunchDarkly t-shirt:

http://www.launchdarkly.com/dawn