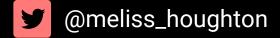
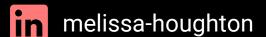
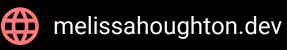
Battles of an Impostor

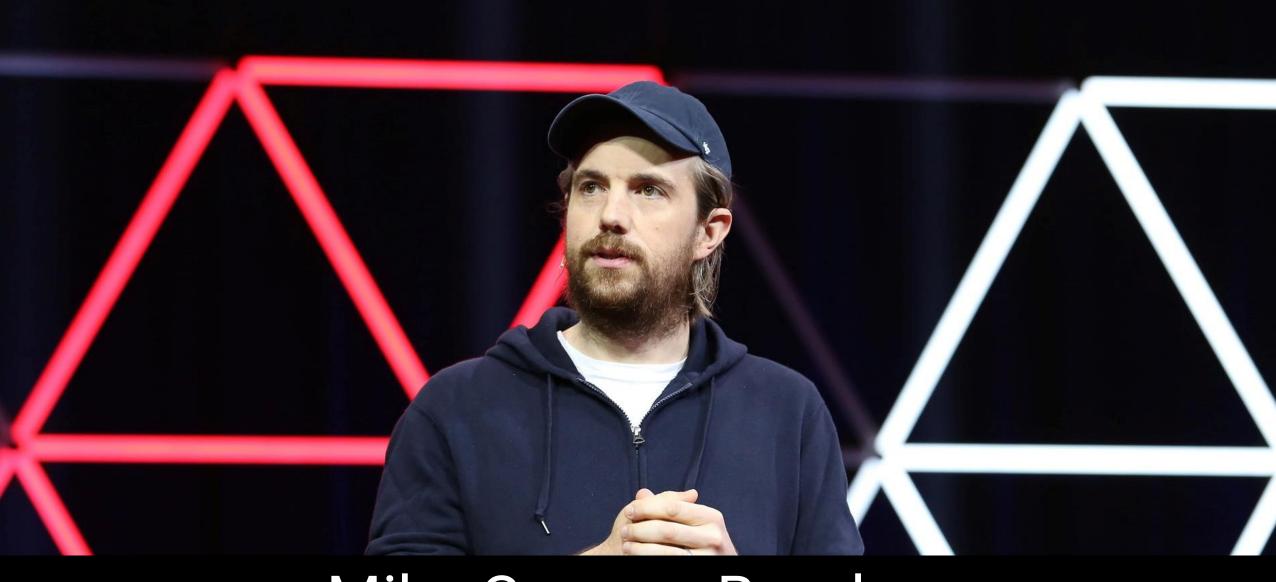








Impostor Syndrome



Mike Cannon-Brookes

@meliss_houghton

An internal experience of intellectual phoniness, despite outstanding academic and professional accomplishments

- Dr. Pauline R. Clance and Dr. Suzanne A. Imes The Impostor Phenomenon in High Achieving Women: Dynamics and Therapeutic Intervention. (1978)

Why me?





Technology Graduate Program Manager



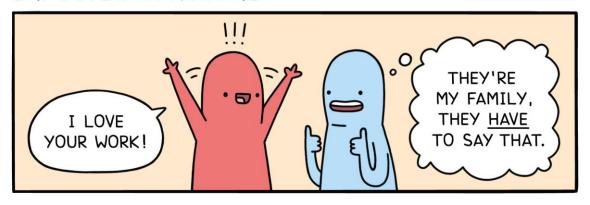


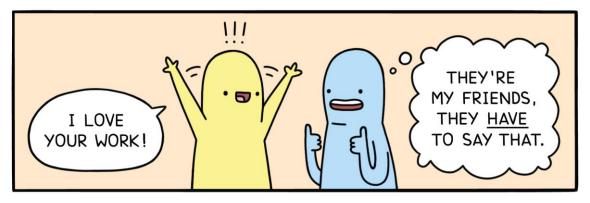


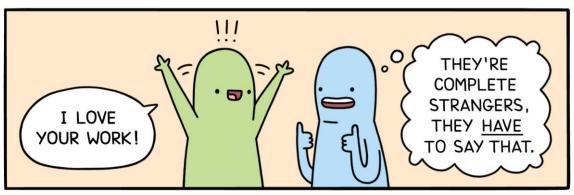
Recognize Rationalize Reflect

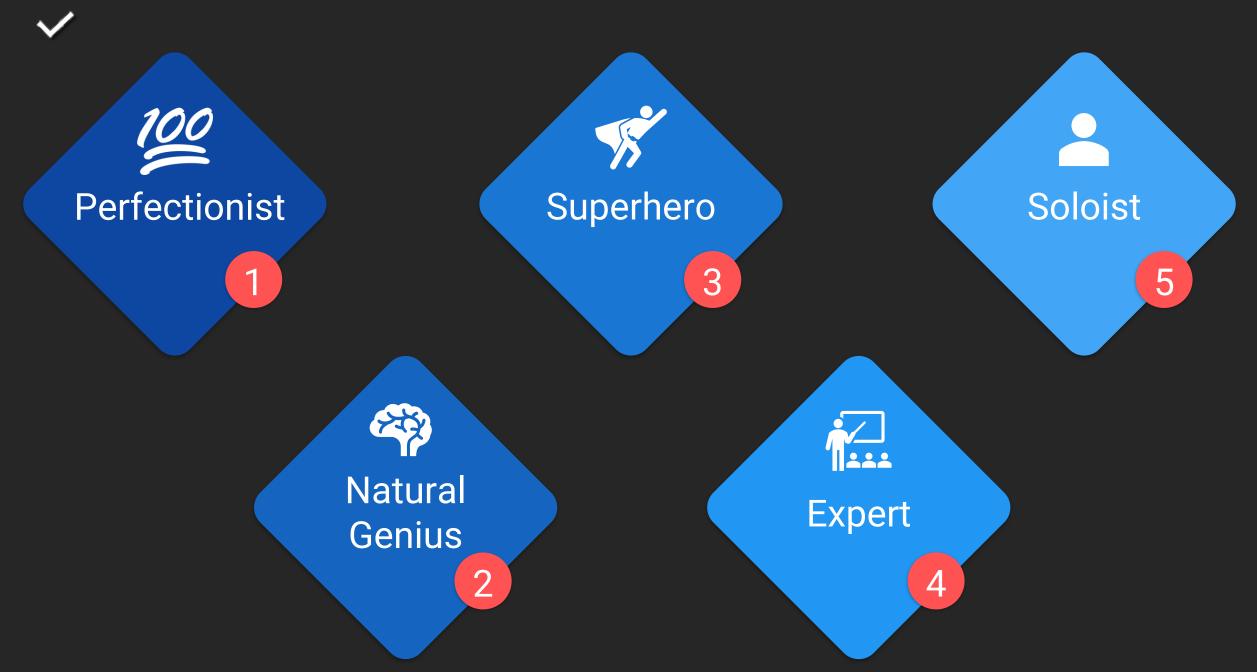
Recognize

IMPOSTER SYNDROME











What are the risks?



Rationalize



Thought Stopping





Thought Shipping







Reflect





Ask for feedback







"Don't compare yourself with anyone in this world, if you do so, you are insulting yourself."

- Bill Gates

What can you do?





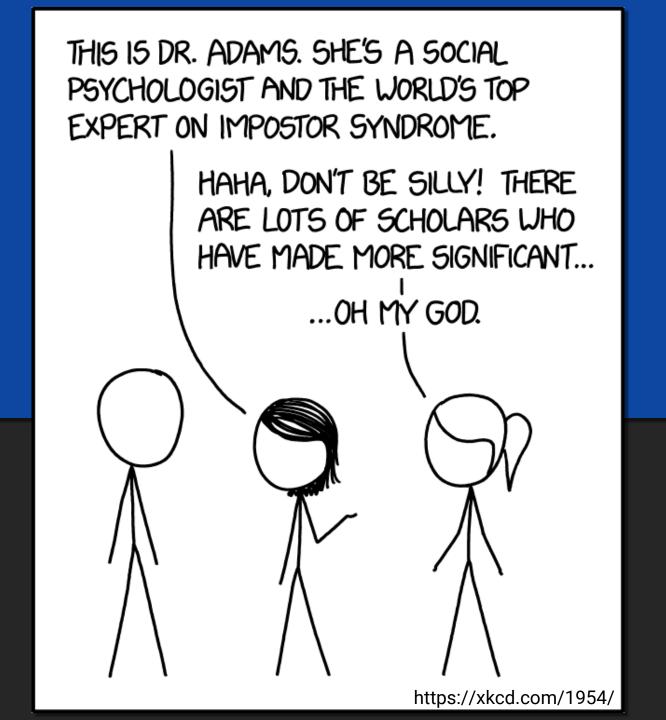
Give feedback



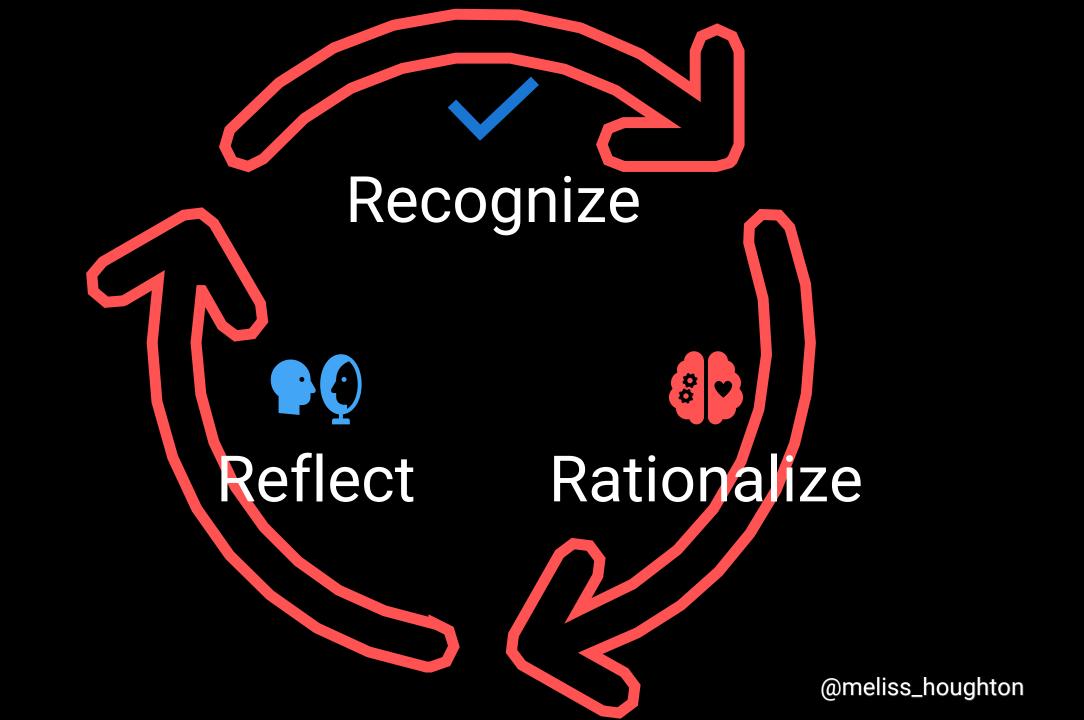
Impostor syndrome can be QOOd!



It makes us stronger



@meliss_houghton



Thank You

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