



**First, design no  
harm...**

**Per Axbom**

# Abusive environments



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**“ If you screw people over they are going to stop doing business with you, and they’ll tell all their friends to stop doing business with you.**

**“ If you screw people over they are going to stop doing business with you, and they’ll tell all their friends to stop doing business with you.**

**- Voices of privilege**





## Why people do not leave abusive relationships

**1. Society normalises unhealthy behaviour and people may not understand that their relationship is abusive.**

data

habits

privacy

contracts

## 2. Victims feel personally responsible for the abusive behavior.

"It's me"

"My fault"

"My lack of self-control"

"I didn't read the terms."

"I'm struggling, everyone else seems fine."

### 3. If you stick it out, things might change.

"Remember the good times."

"It's not all bad."

"I think people are starting to notice. "

"It can't get worse?"

## 4. You share a life together.

Here are your photos.

Here are your colors.

Here are your friends.

"I can't leave all my stuff!"

## 5. Leaving is made difficult.

Please call.

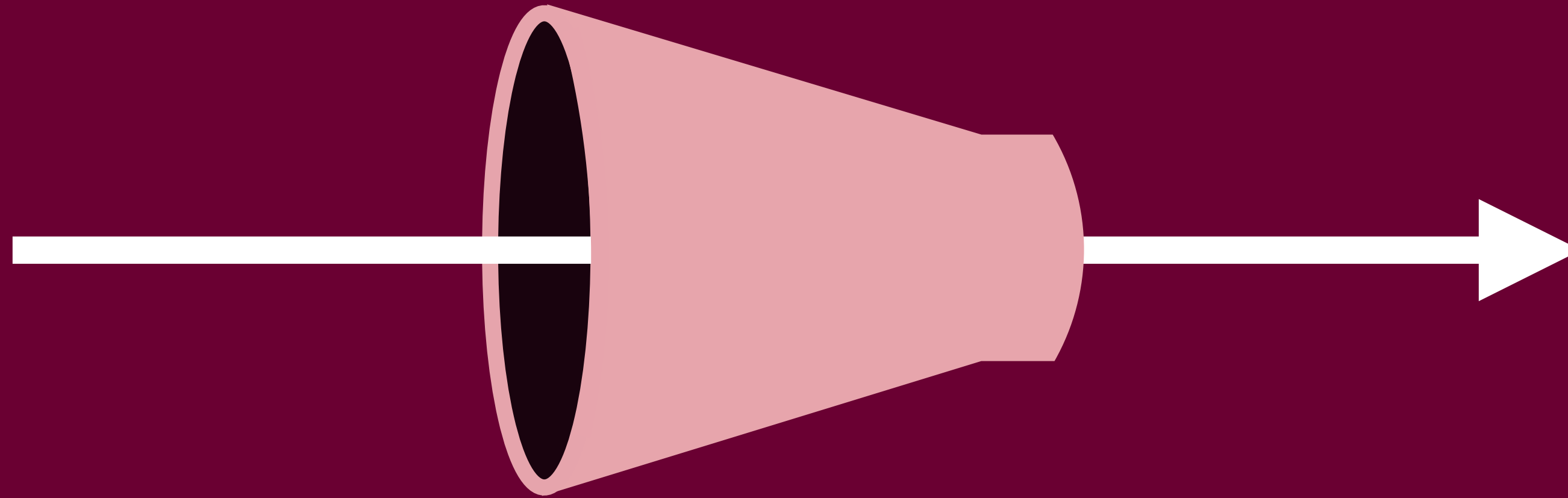
These hours only.

7 days before renewal.

"You'll lose all your history."



The ability to abuse



Conversion-driven design...

## The ability to abuse

“ I want to help people.



## The ability to abuse

“ I want to help people.  
A position to help is also  
a position to abuse.

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# The ability to abuse



covert  
nudge

naive  
exclusion

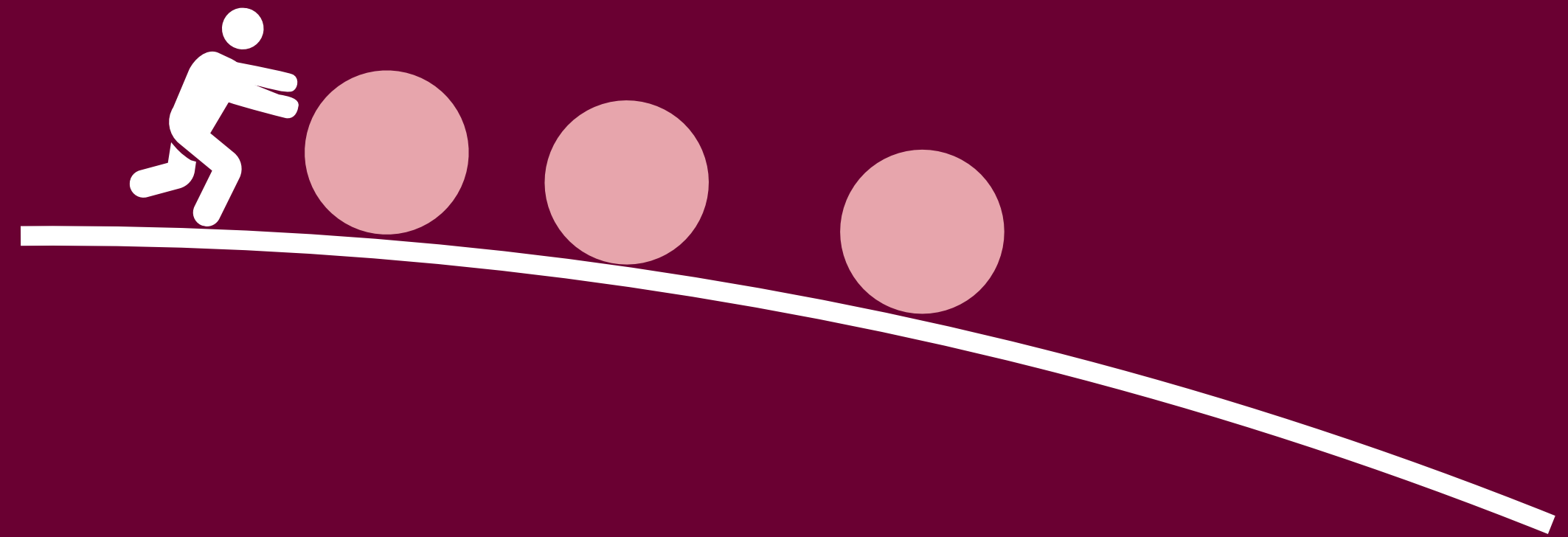
neglect



“ Well hey, if they don't like  
it they can just leave.

- You, when you've gone too far.

## The ability to abuse



“ Well hey, if they don't like it they can just leave.

- You, when you've gone too far.



# Why ethical codes matter

**empower**

Access

Participation

Control

Collaboration

Relationships

Time management

Communication

Addiction

Surveillance

Data exploitation

Dark patterns

**abuse**

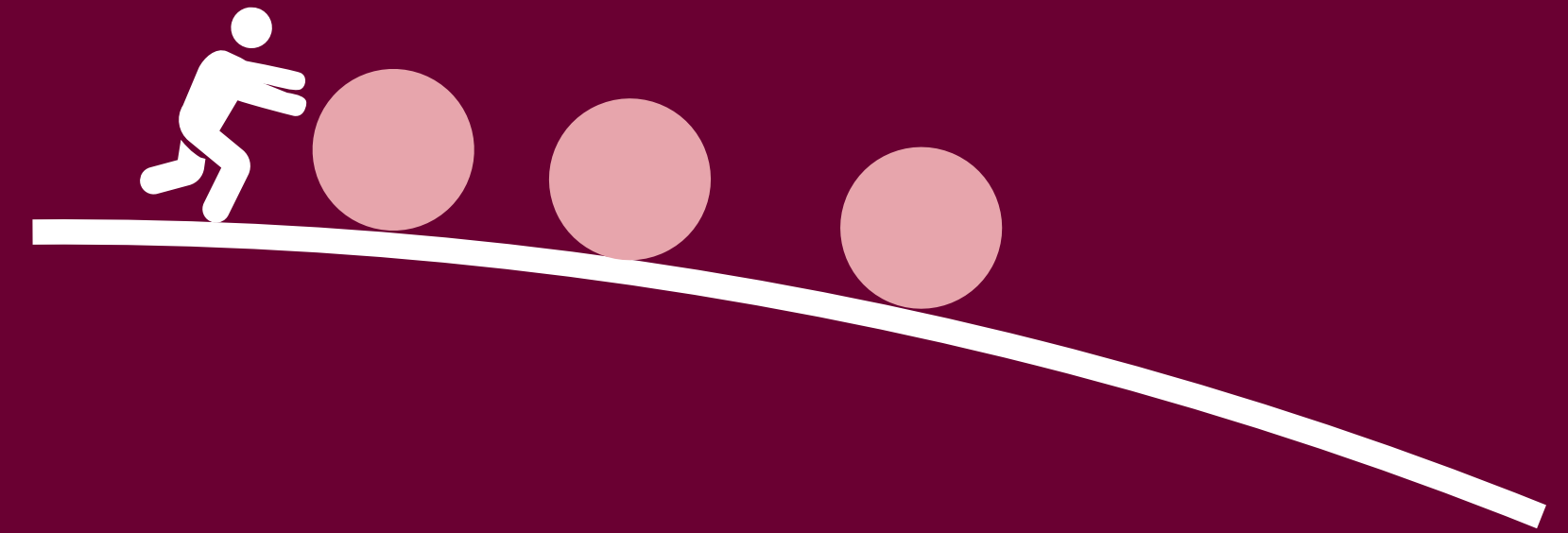
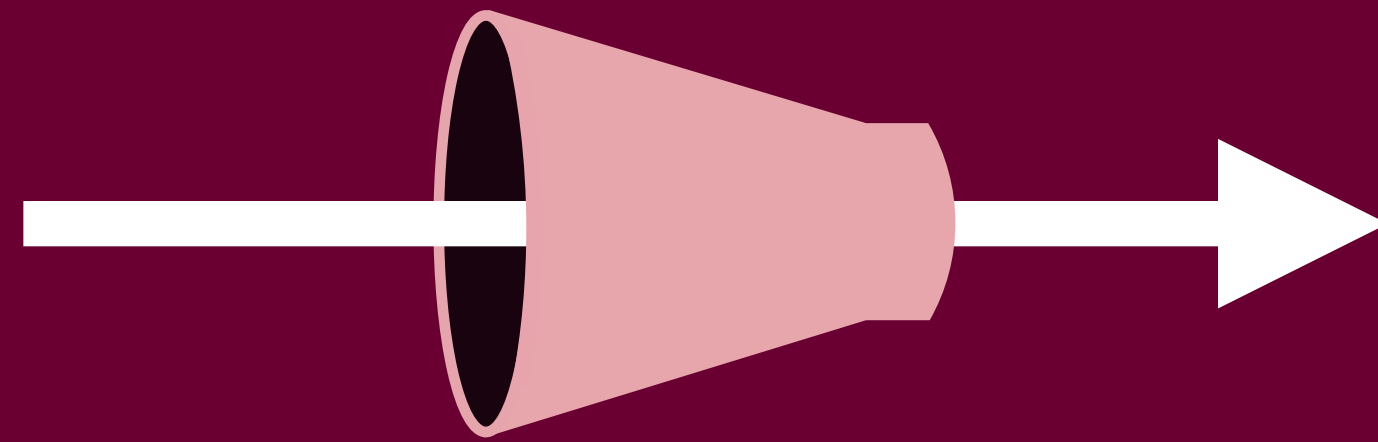
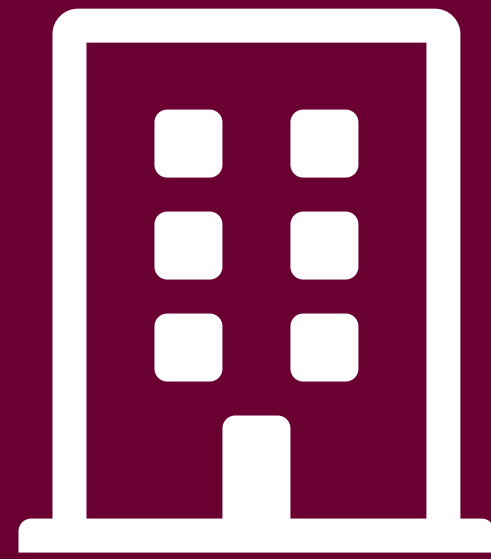
Coercion

Exclusion

Obstacles

Neglect

# Why ethical codes matter





## Why ethical codes matter

“ [...] what is our Hippocratic Oath for design. Can you talk about how you're thinking about that these days?

## Why ethical codes matter

“ [...] I think if we made the oath to first do no harm as designers, we would likely never do anything new. [...] I worry about an automatic reaction to the kind of ethical dilemmas that we have today, with technology, to be, we're not gonna take any risks.

- Tim Brown

## Why ethical codes matter

**“ We need systems in place to ensure that we don't do too much harm. Or we don't harm intentionally.”**

## Why ethical codes matter

“ we don't do too much harm.”

## Why ethical codes matter

“

we don't do **too much** harm.

?

some abuse will be worth it

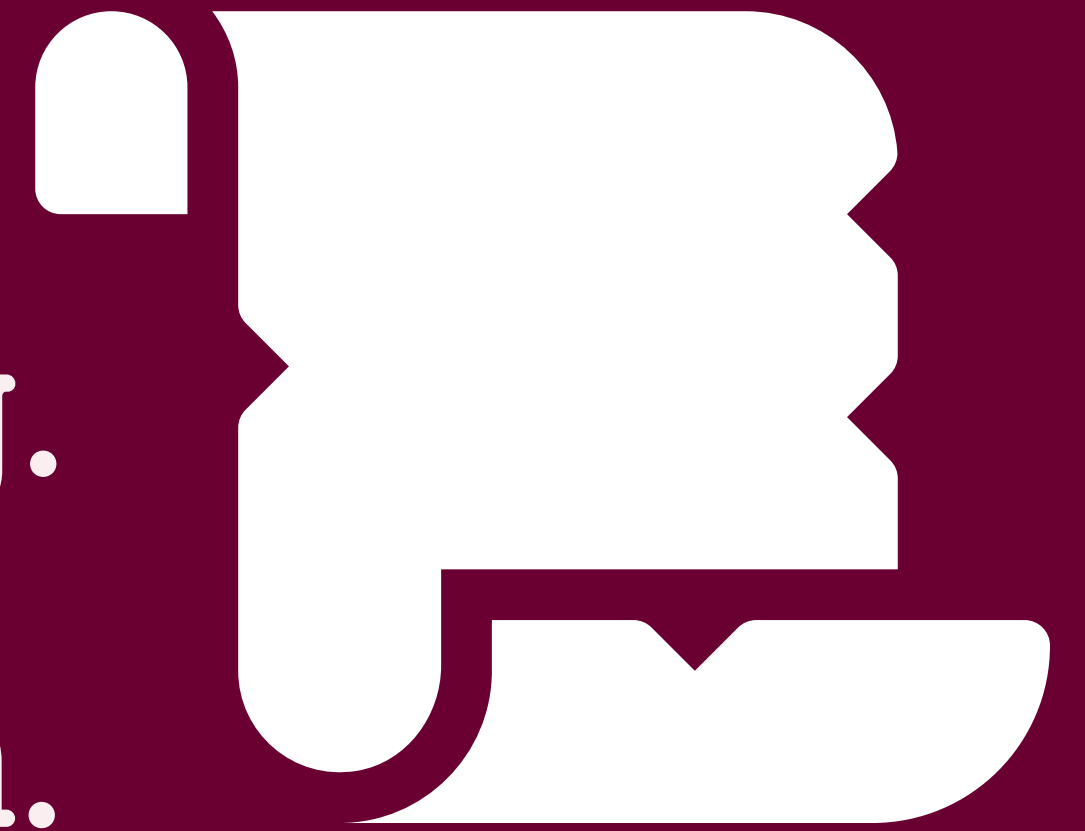
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## Why ethical codes matter

Ethical codes **SUPPORT** risk-taking.

Ethical codes **SUPPORT** innovation.

Ethical codes **SUPPORT** moving forward.



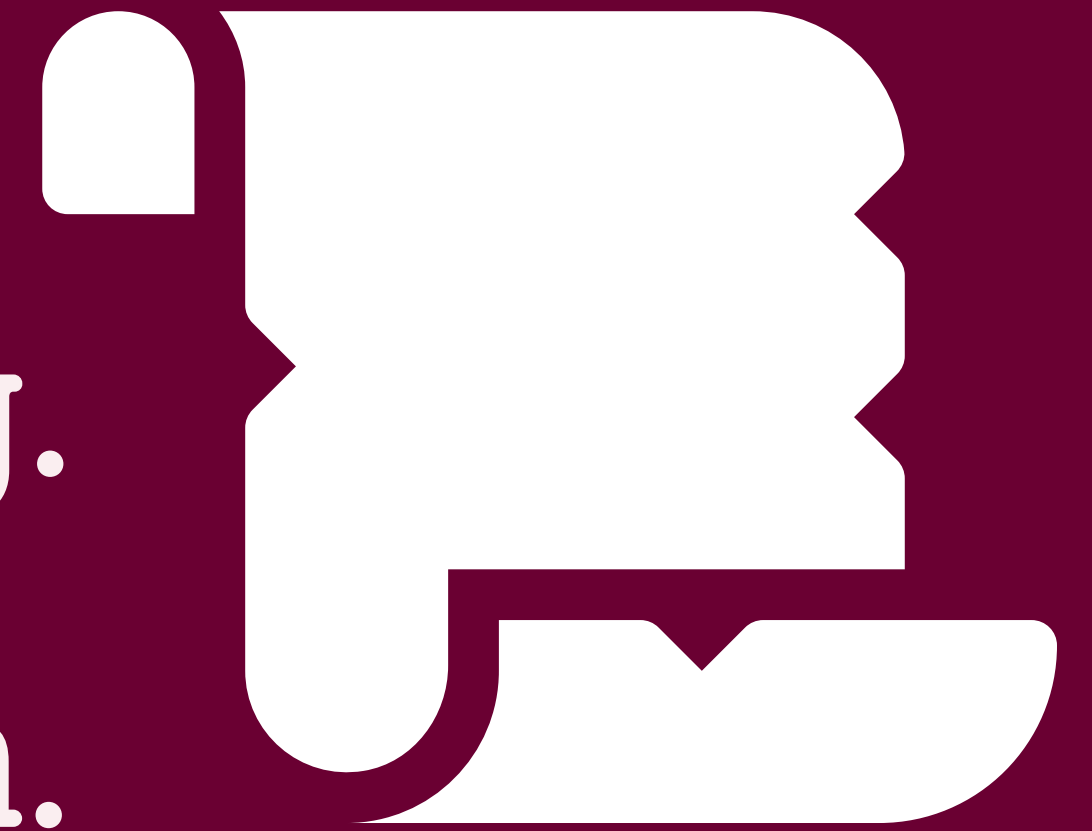
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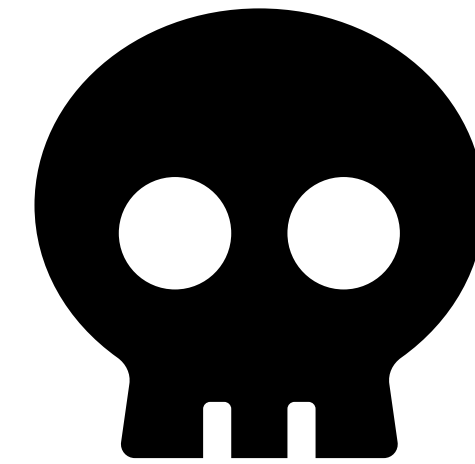
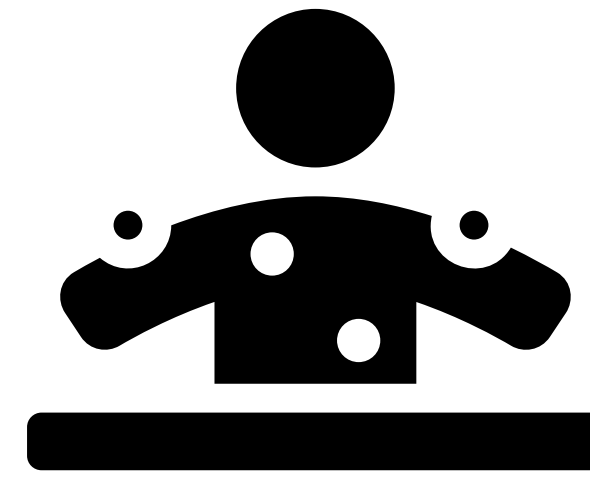
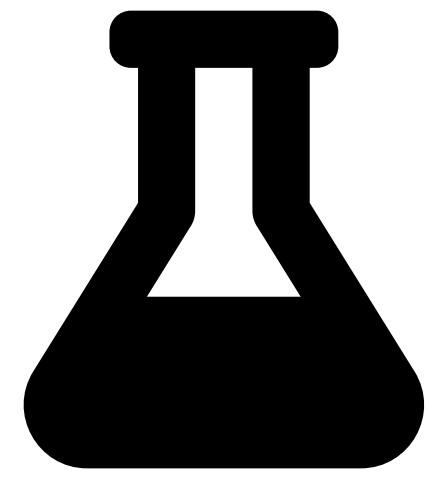
Ethical codes **SUPPORT** moving forward.

**Minimizing harm.**

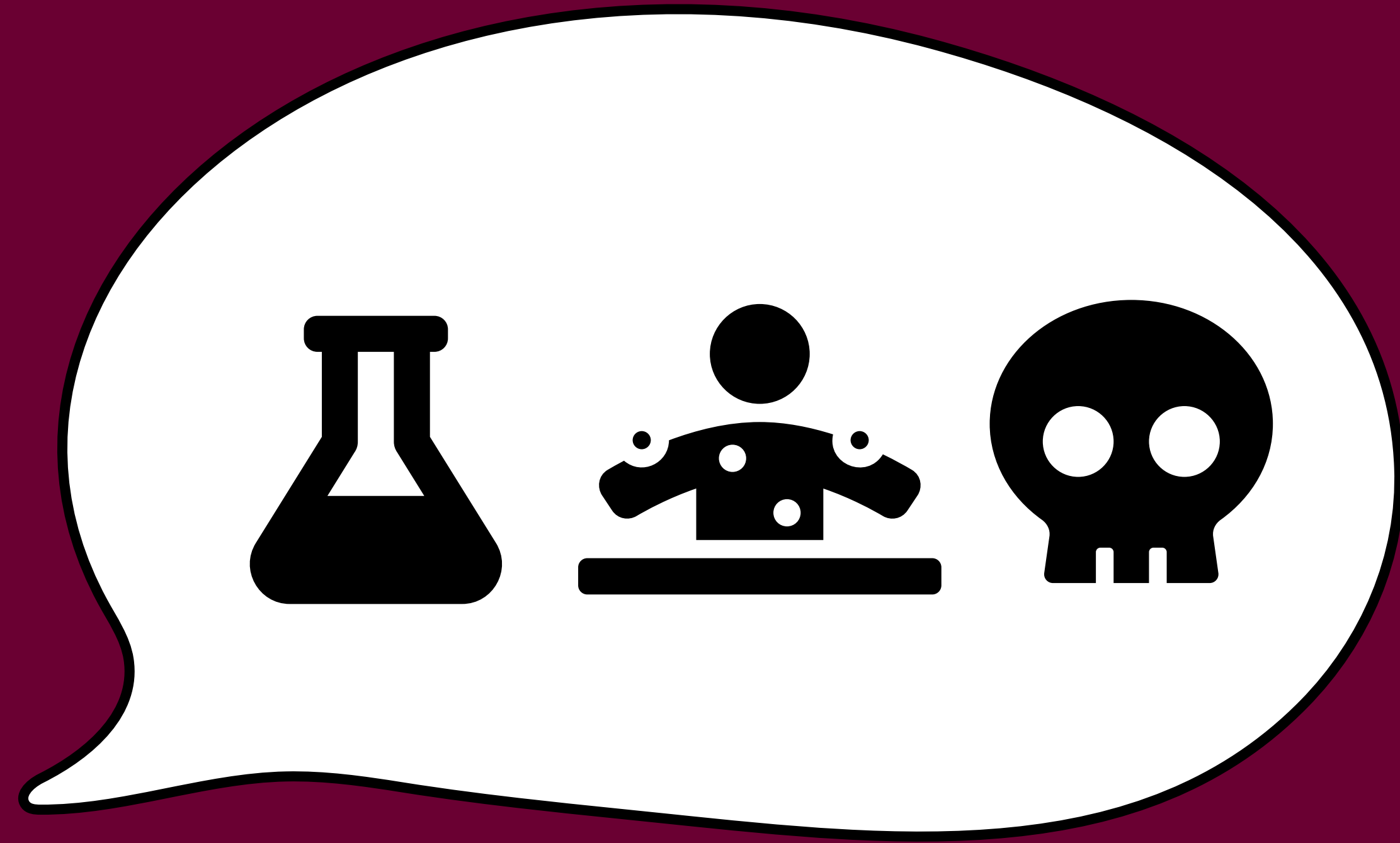
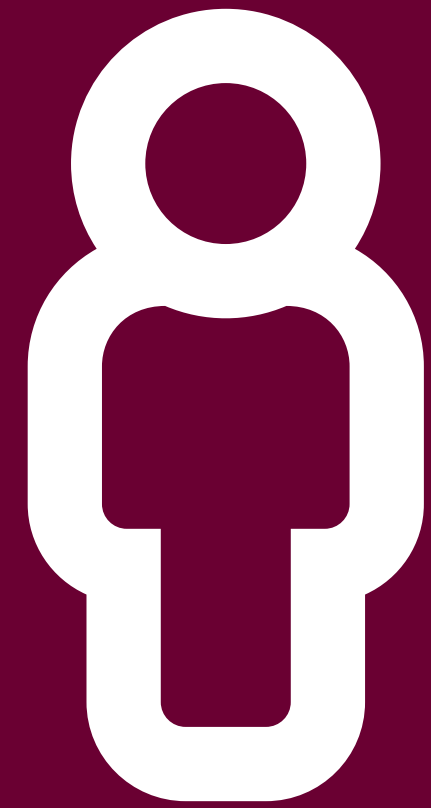




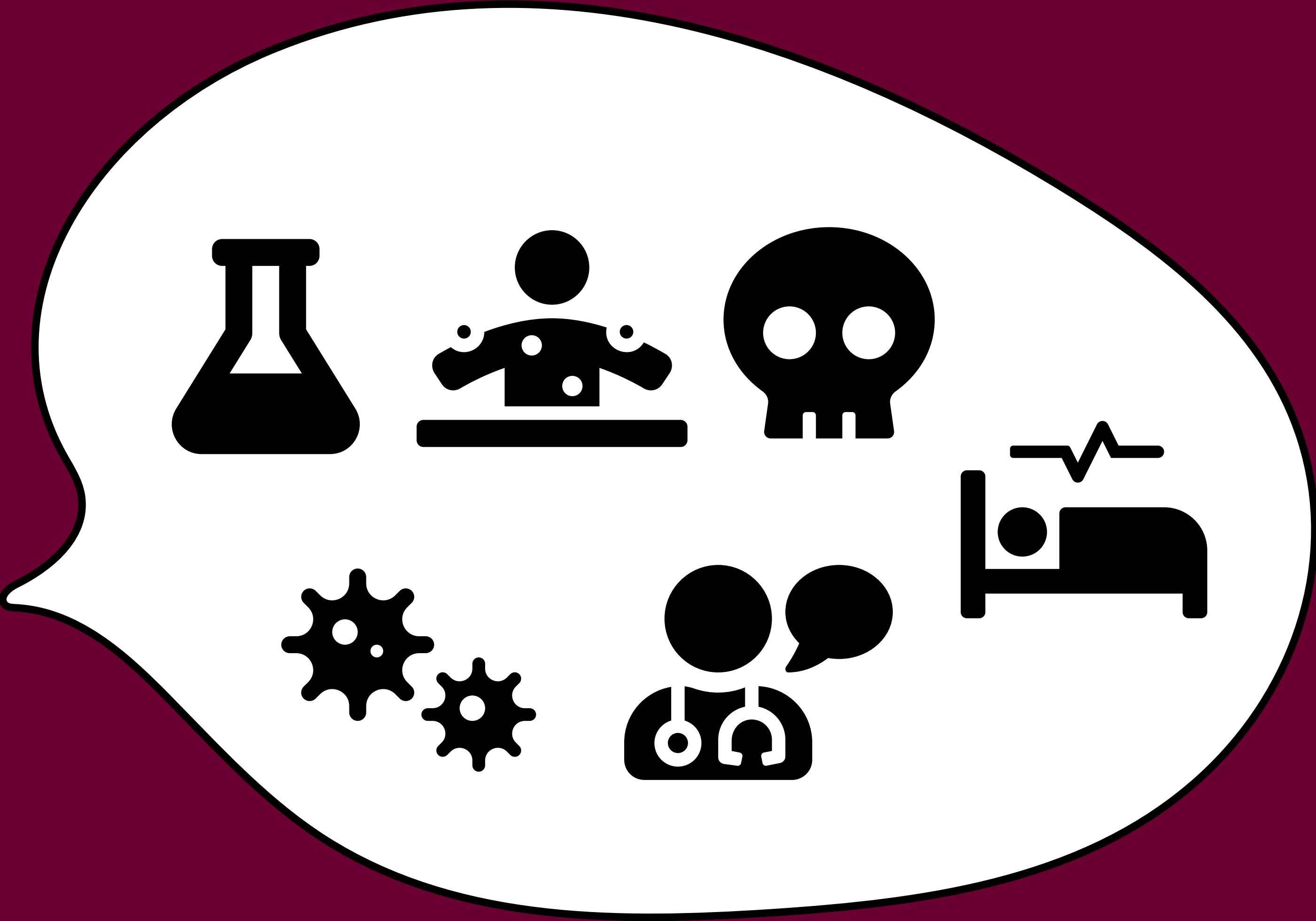
## Why ethical codes matter



# Learnings from medical ethics

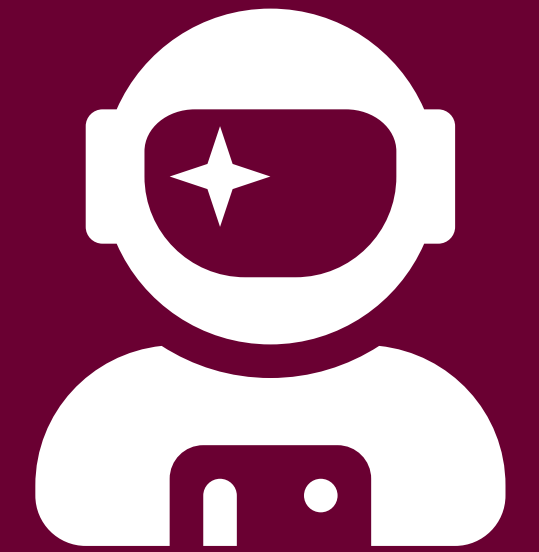
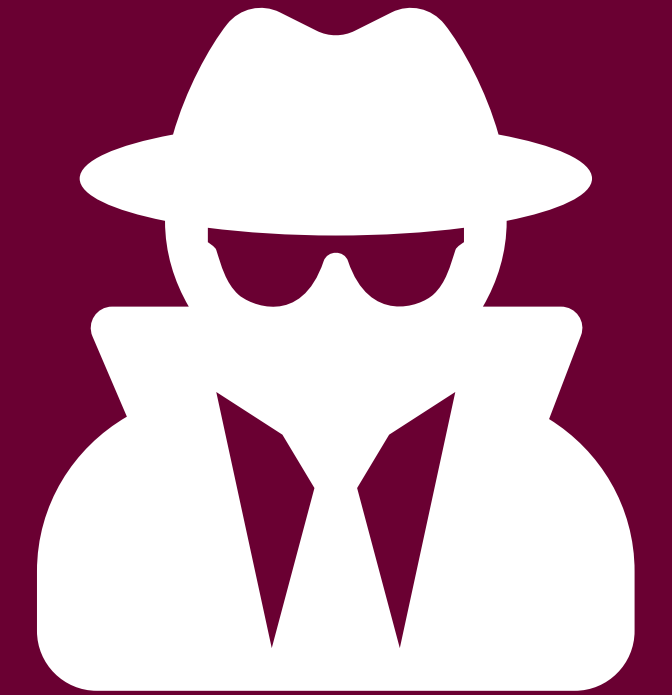


Learnings from  
medical ethics

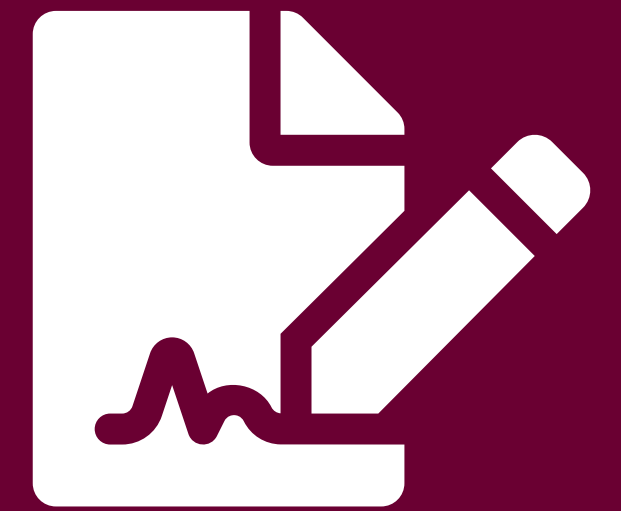
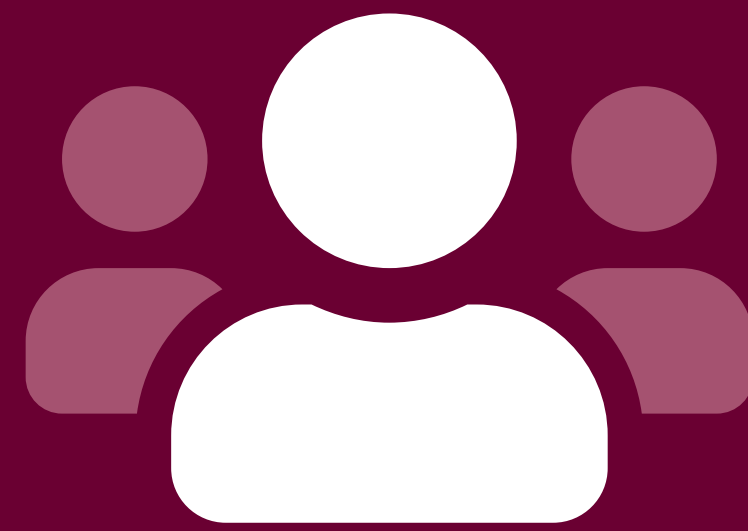


## Learnings from medical ethics

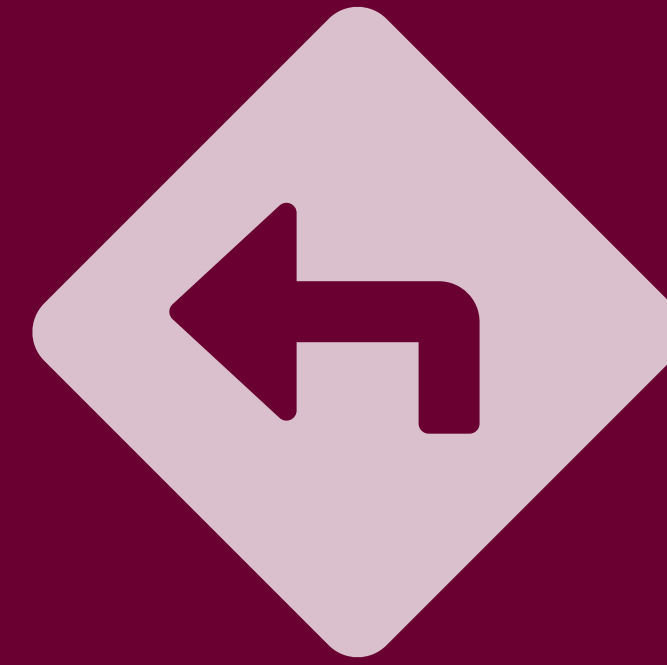
1. It's not recommended to always treat patients as you yourself would like to be treated.



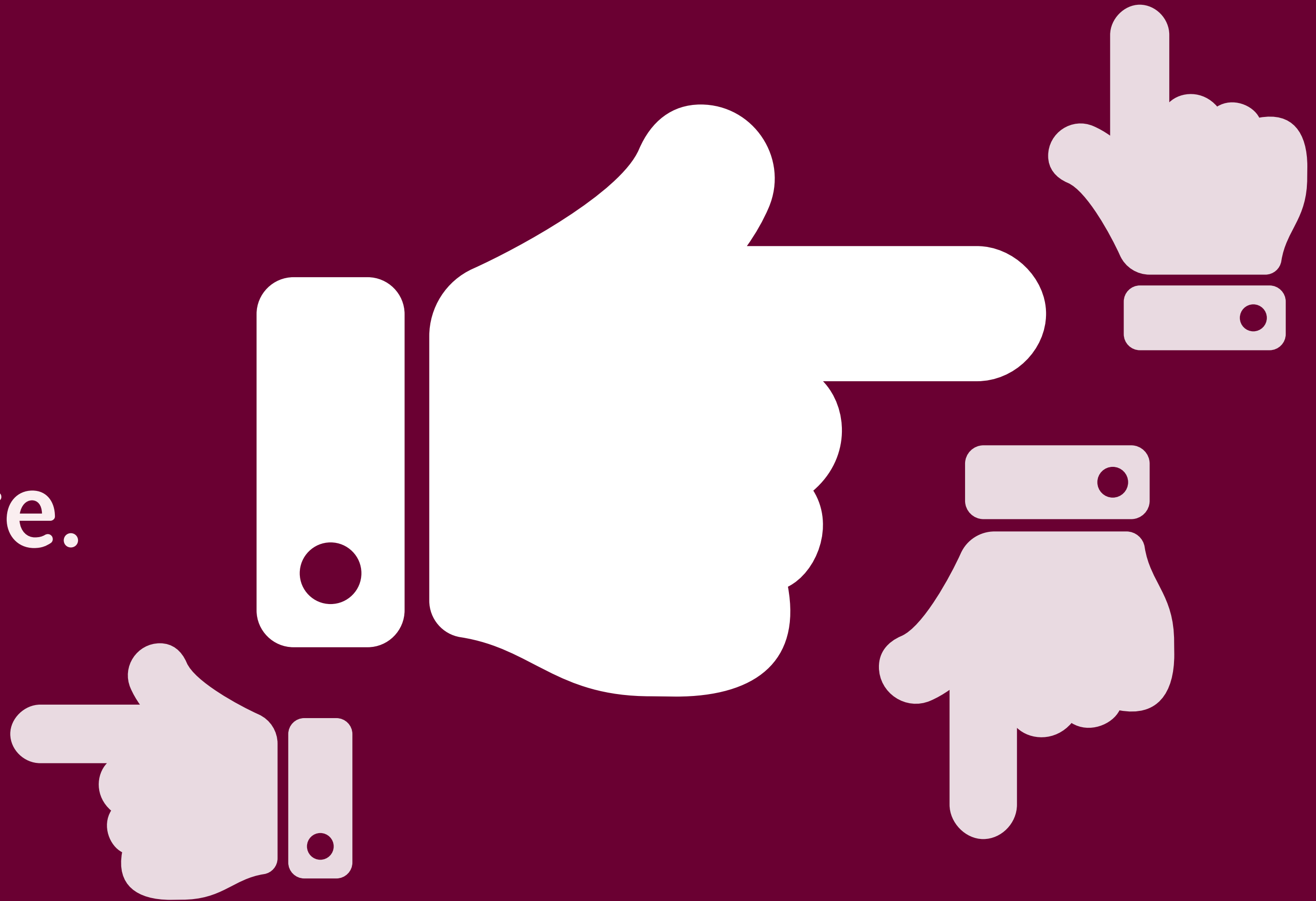
2. Risk-taking to improve well-being is fine, but only with the full, informed consent of the person at risk.



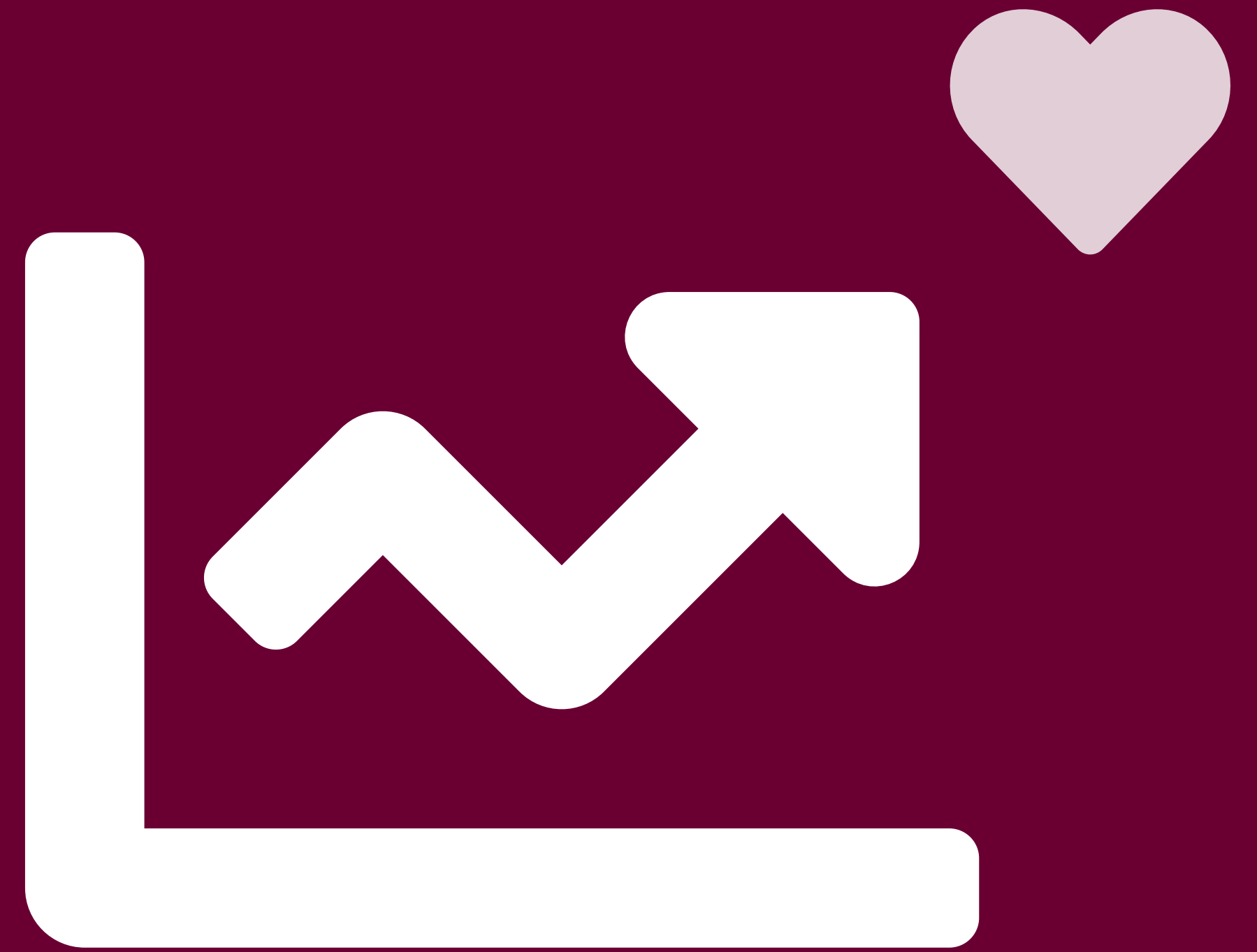
3. People have a right to  
make decisions that are  
bad for themselves.



## 4. Be open about lack of knowledge.

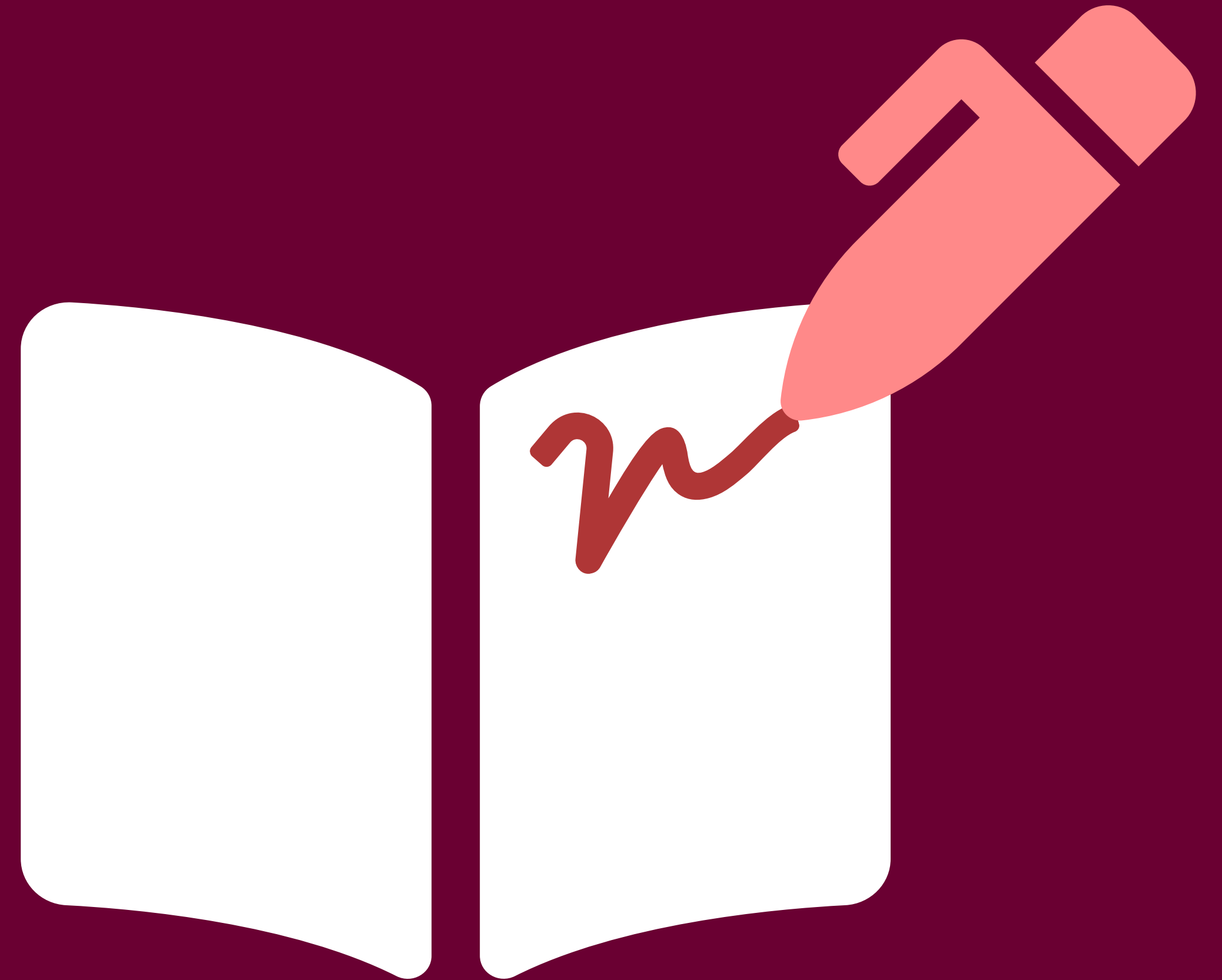


5. *Avoiding harm is not enough, you also have to take steps to contribute to well-being.*

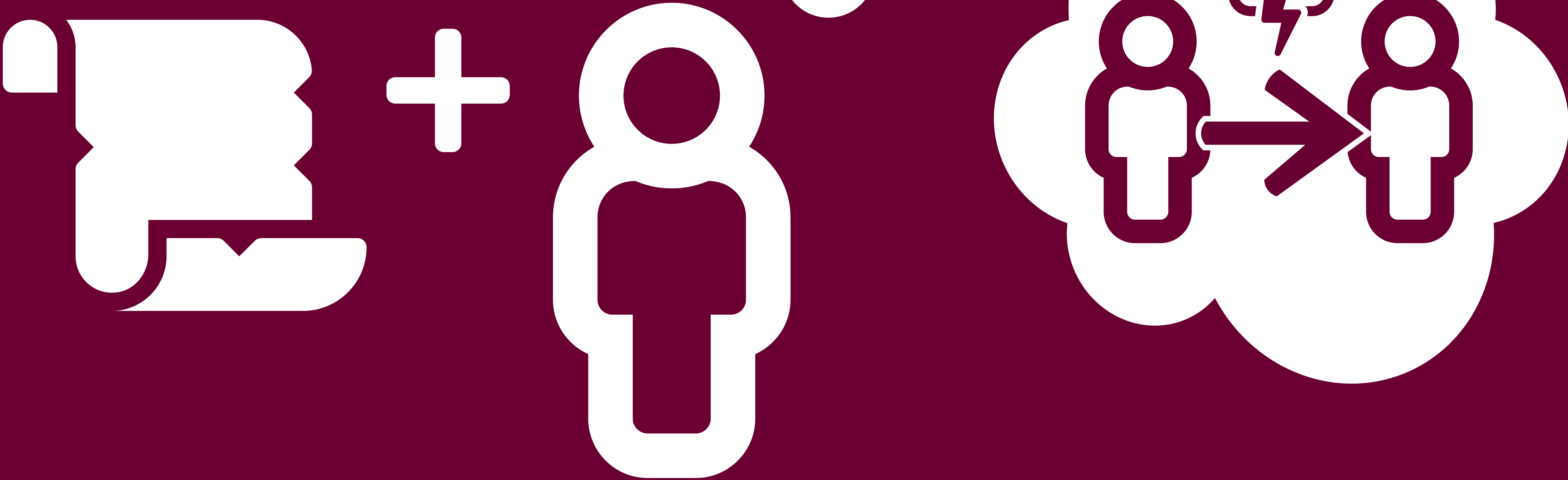




6. Think about, discuss and record ethical considerations and feel confident that you can justify your decisions.

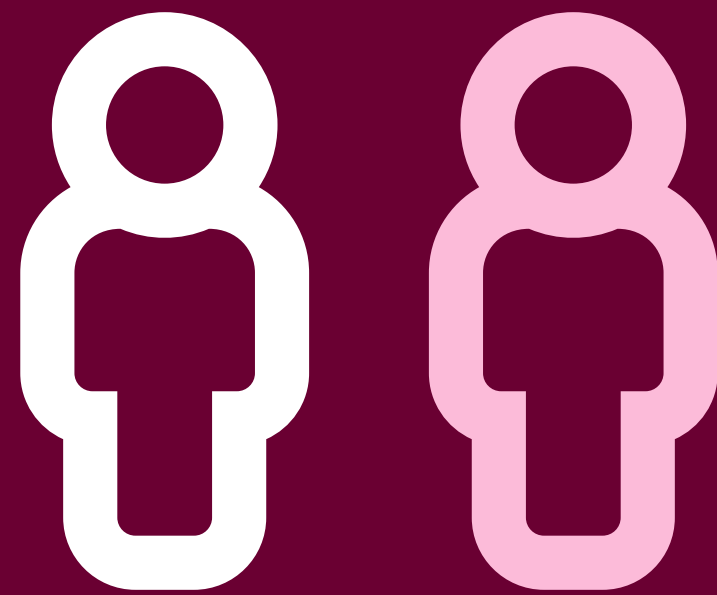


# Learnings from medical ethics

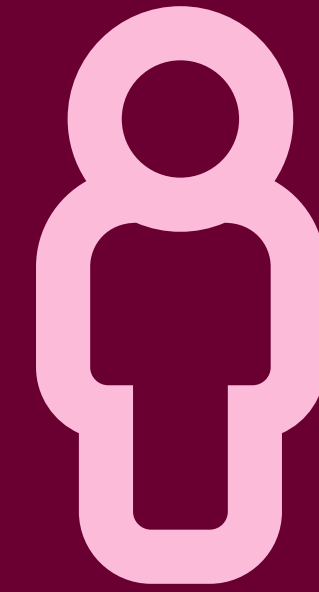
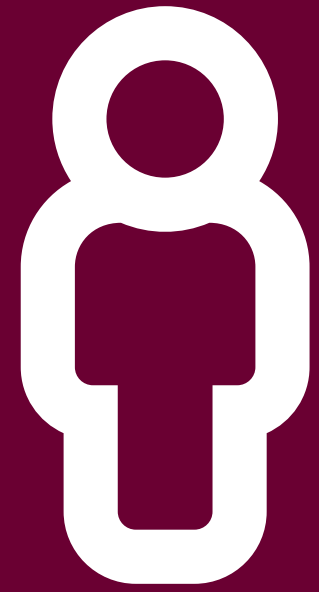




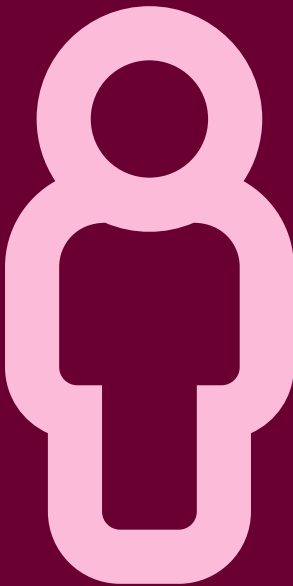
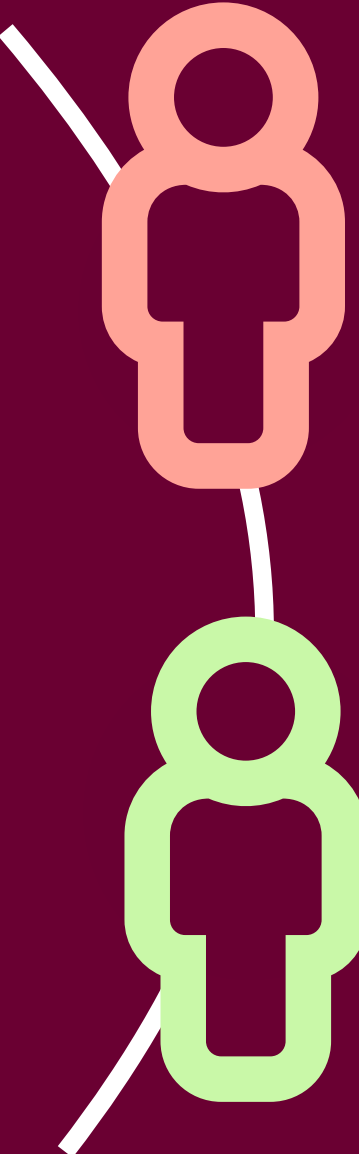
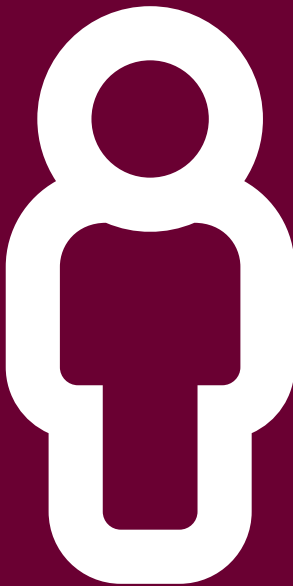
# Bridge the conversations



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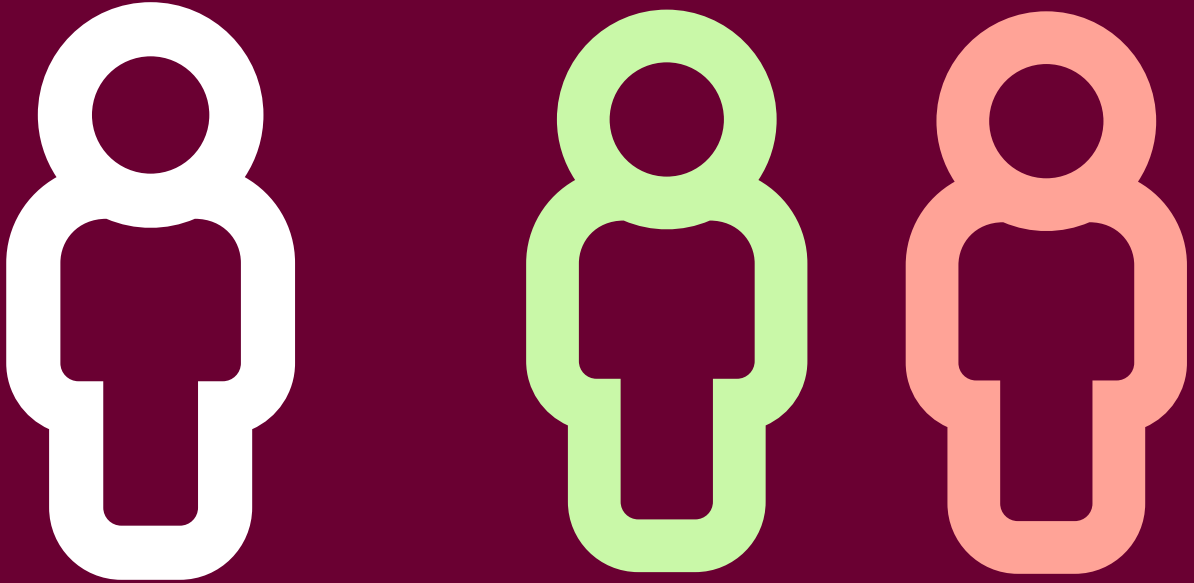
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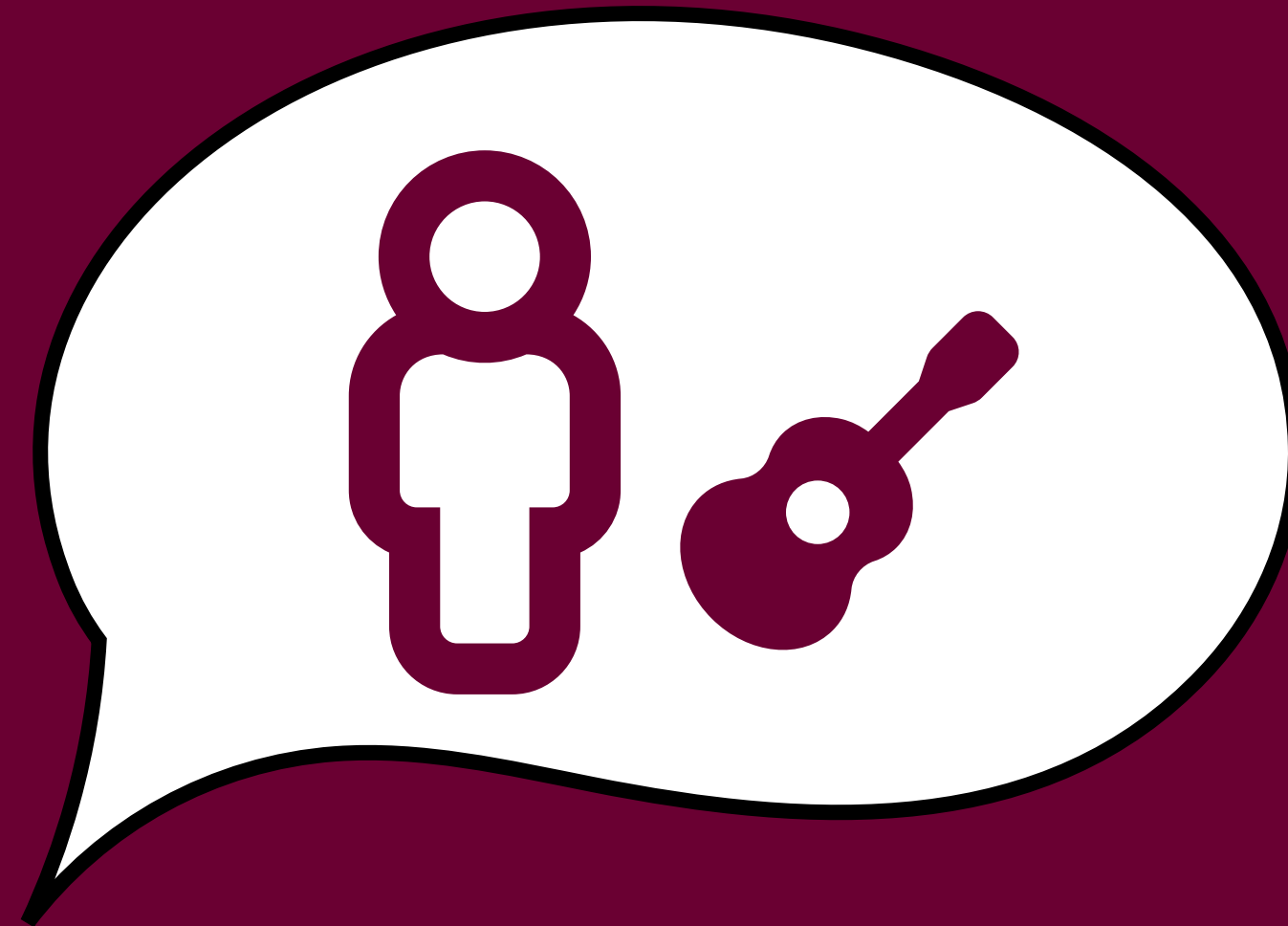


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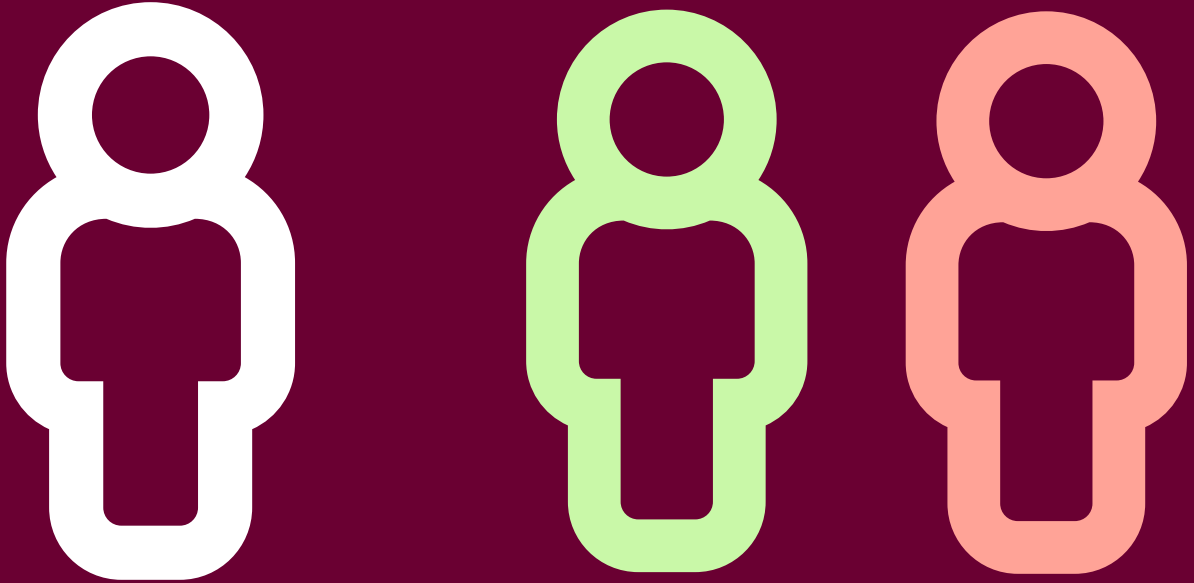




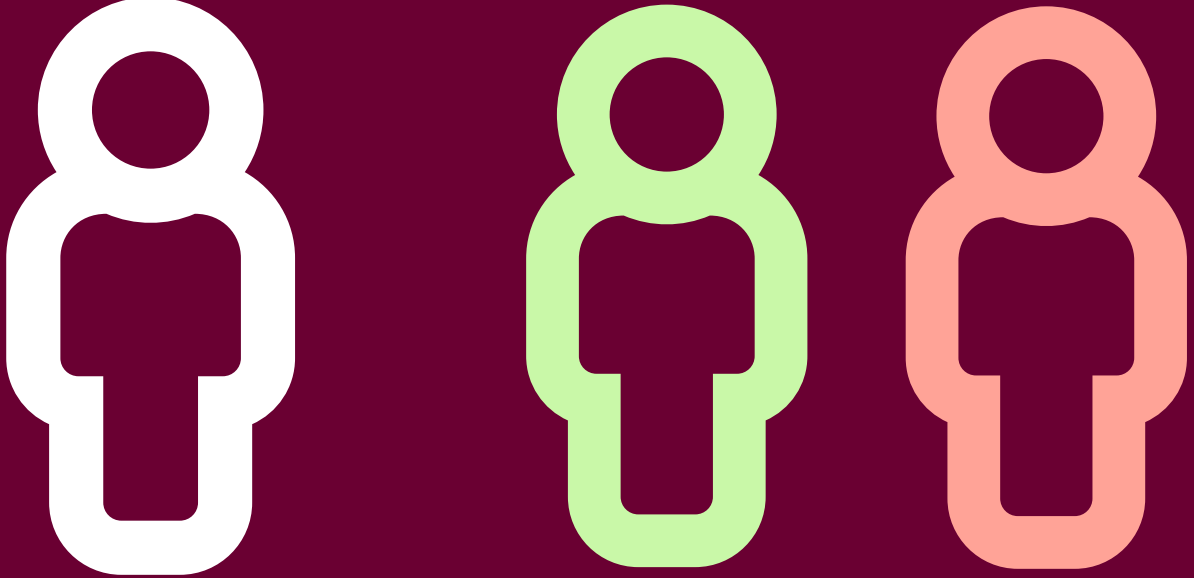
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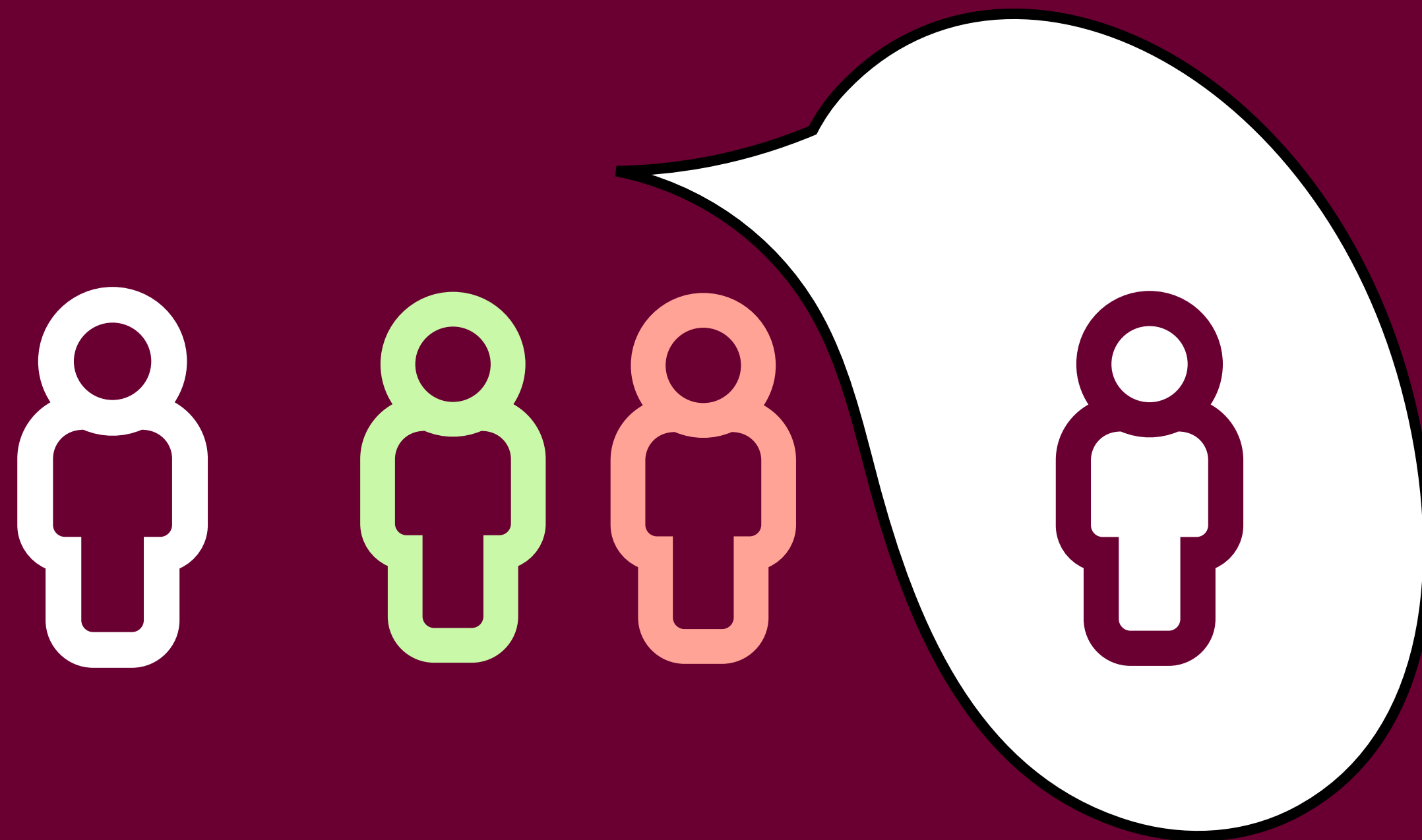
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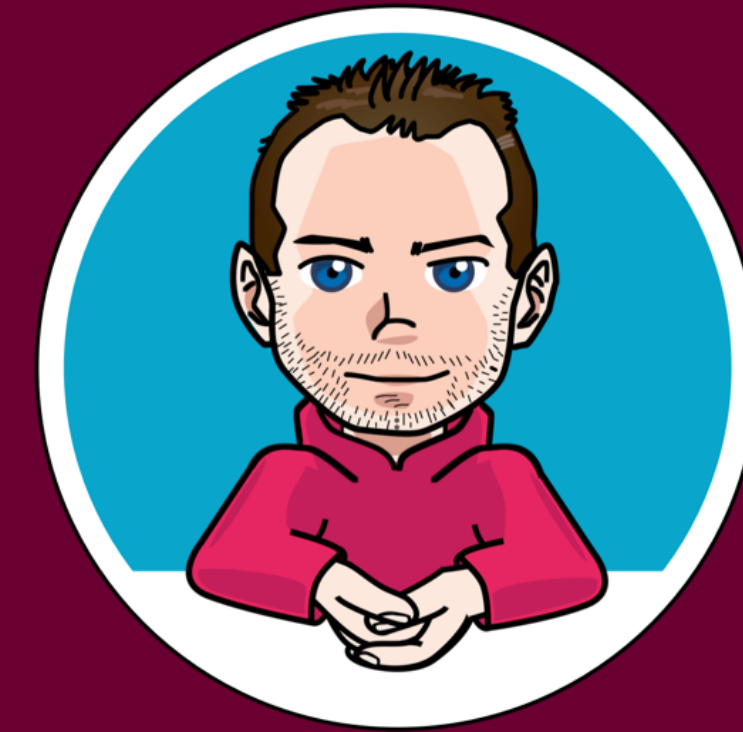
“

The virus helped me remember why I chose this profession.



I encourage you to  
work in ways that  
help you remember  
why you chose your  
profession.

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