Evaluation & Termination

The Ending of the Professional Relationship

The End

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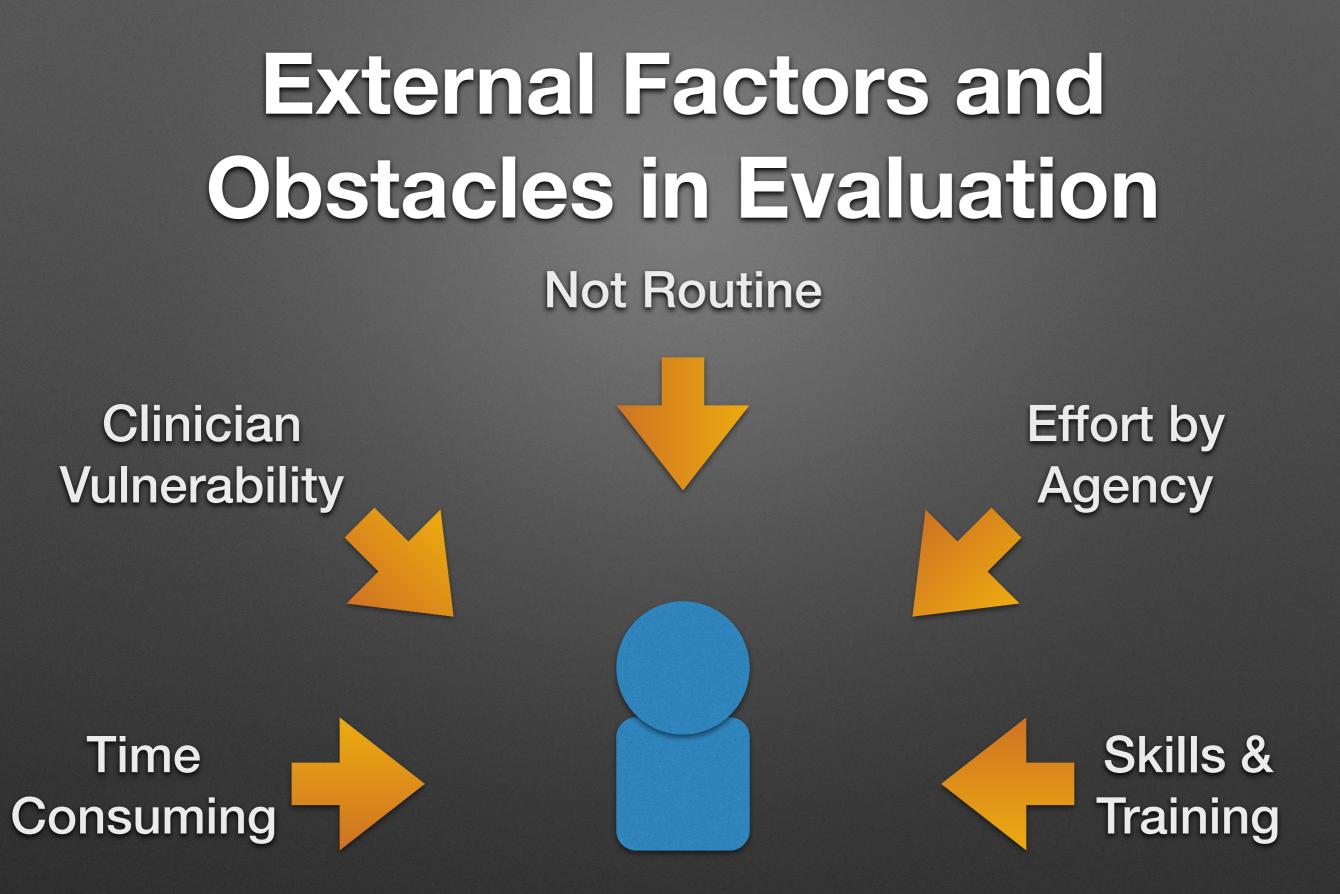
- Evaluation
- The evaluation process
- Termination
- Follow up
- Self-care



Why Perform Evaluations

- Increase Effectiveness
- Understand client system experiences
- Build professional knowledge base







External Factors and Obstacles in Evaluation

Skills & Training Effort by Effort Agency Effects **Not Routine** Clinician Vulnerability Time Consuming SOWK 486: Evaluation & Termination Heritage University Fall 2020 – Jacob Campbell, LICSW

Effectiveness Efficiency



Evaluation Process

Define problem

Evaluate methods

Choose best approach

Carry out research

Evaluate results



Types of Evaluations

- Formative Evaluations: assess the adequacy or amount of effort directed at solving a client systems problem and gathering data during the actual intervention
- <u>Summarative Evaluations</u>: an evaluation that takes place after completing the planned change process
- <u>Baseline</u>: is a measure of the frequency, intensity, or duration of a behavior.



Terms Associated with Evaluations

Validity

Dependent Variable

Data

Predictive validity

Face validity

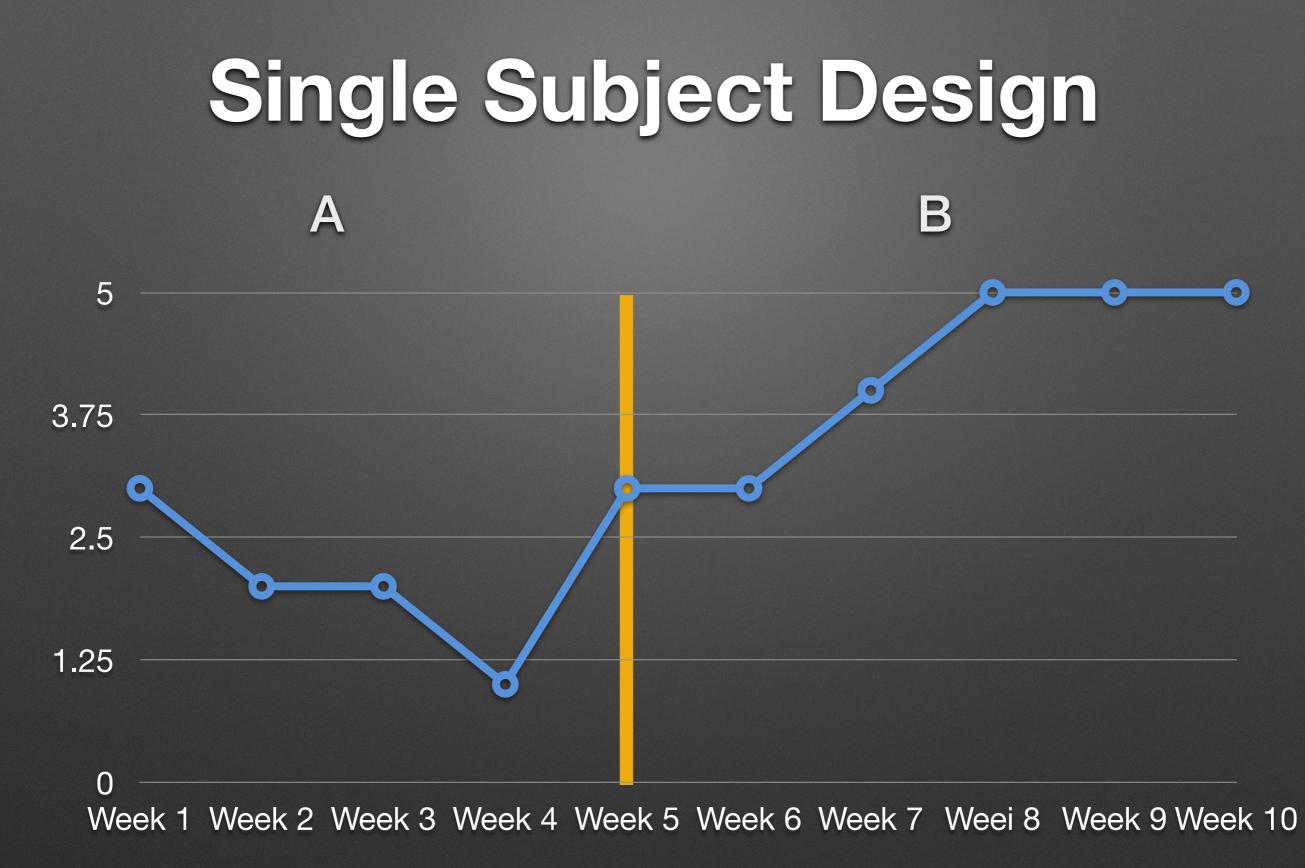
Generalizability

Concurrent validity

Independent Variable

Reliability







Other Single System Designs

- Goal Attainment Scaling
- Task achievement scaling
- Client satisfaction
- Target problem scaling



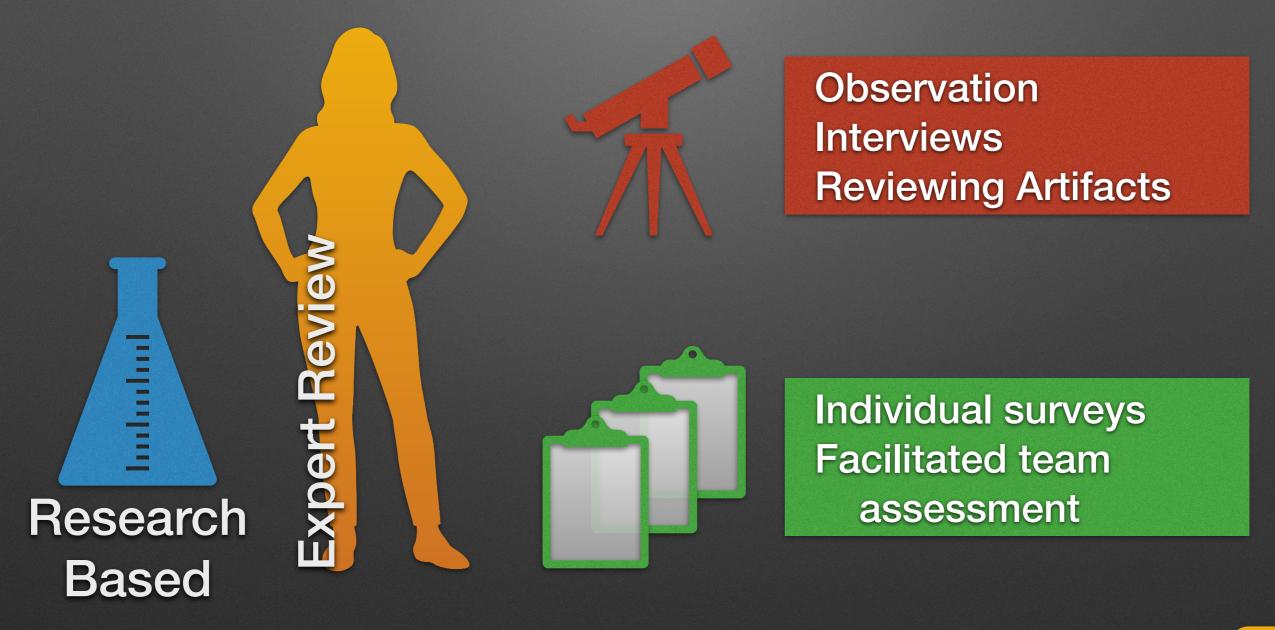
Evaluation Designs for Programs

- Needs Assessment
- Evaluability Assessment
- Process Analysis
- Program Outcome Analysis
- Continuous Quality Assurance Evaluations
- Program Monitoring



Example of Program Evaluation PEER-EBD

Participatory Evaluation and Expert Review for Classrooms Serving Students with EBD



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(Tsai, Cheney, Walker, 2013)



Issues and Problems in Evaluation

- Lack of generalizability
- Choice of evaluation tools
- Ethical considerations
- No buy in
- Difficulty



Task of Termination

Decide when

Evaluate achievement

Maintain and continuing objectives

Resolving emotional reactions

Make appropriate referrals



Factors Affecting Reactions to Termination Increased Intensity

Time Contact Problem Focus Outside Supports Level of intervention Emotional Content Type of Group





Stabilization of Change



- Relevant and appropriate situations
- Build confidence
- Using multiple situations and settings
- Naturally occurring consequences
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- Use of follow up
- Reducing setbacks in other environments
- Teaching problem solving process



- 1. Value verses devalue your professional self
- 2. Have positive contacts with colleagues and peers
- 3. Take that break
- 4. Pace yourself
- 5. Achieve validation
- 6. Use the power of professional networking

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- 7. Present with a presence
- 8. Laugh at least once a day
- 9. Stop to take that long deep breath
- 10. Develop a grounding list
- 11. Stop and take 10
- 12. Take control and shift activities



13. Use creative visualization

14. De-connect to Re-connect

15. Release frustration with a silent meow

16. Exercise

17. Turn off your professional switch

18. Think of teflon

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(Fink-Samnick, 2009)

19. Revision honestly and regularly

20. Share professional resilience with health and human services professionals everywhere

