

ARE TEETH SCALING GOOD FOR MAINTAINING ORAL HEALTH?

What Are Teeth Scaling?

Dental scaling is a routine procedure performed by dentists to help patients with gum disease and extensive plaque buildup. Standard cleaning is performed on the surface of the tooth whereas scaling is done deeper. If you are recommended dental scaling and root planning, you should know all about the procedure and its outcomes. If you have made the decision to have the procedure done, visit the [Nearest Dentist Office](#).



Scaling is one of the common dental procedures for people who are suffering from gum disease. This type of dental cleaning involves reaching below the gum line to remove plaque buildup. This process is also known as deep cleaning. This procedure is advanced cleaning compared to the general cleaning that you obtain during the regular checkup and annual visit. For more information, you should consult a Dentist Near Me Open.

When Is Dental Scaling Required?

Most people experience plaque buildup in various forms. It has been observed that bacteria, proteins, and saliva form a thin layer in your mouth covering your teeth almost all the time. When you intake sugary food items, tiny particles, acids, and sugar stick to this thin layer creating a buildup of plaque. Bacterias in the plaque can cause gum disease and tooth decay. If you want to get rid of them, you should do regular dental cleanings to remove the plaque and protect it from more serious problems. For dental cleanings, you may call [Dentist Around Me](#).



If your gums are healthy, the tissue will fit effectively to surround the tooth and keep plaque out. If there is gum disease in your mouth, the tissue will begin to loosen. Healthy gums are associated with the tooth just one to three millimeters underneath the gum line. When you have gum disease, there will be the development of deeper pockets. It may be possible that these deep pockets are filled with plaque making your problem worse and creating symptoms like a bad smell or bad breath.

Scaling and Root Planing Procedures

Dental scaling includes the process of eliminating plaque bacteria from the tooth surface just underneath the gum line. Mainly there are two basic methods for scaling teeth. If your dentist performs the procedure using handheld instruments, he/she will remove plaque from the tooth using a dental scaler. The dentist will attach this thin tool under the gumline to extract

plaque where it is impossible to reach with a normal brush. You can also visit the Dentist Open Saturday to get the procedure done.

There is an alternative method also, your dentist will use an ultrasonic instrument to scale your teeth. This instrument consists of a vibrating metal tip combined with a cool water spray. The metal tip helps remove tartar away as the water takes away out the pocket.

Teeth scaling is generally followed by the process known as root planing. It goes deeper to inscribe the surface of the tooth's root. It is similarly performed like dental scaling. Root planing softens the surface of the root so the gums can reconnect properly. It is performed under local anesthesia. The procedure may take several visits to get completed as your dentist will address a different part each time. Walk-In Dental Clinic to go through the deep cleaning procedure.