

Further Practice for Engaging with Families

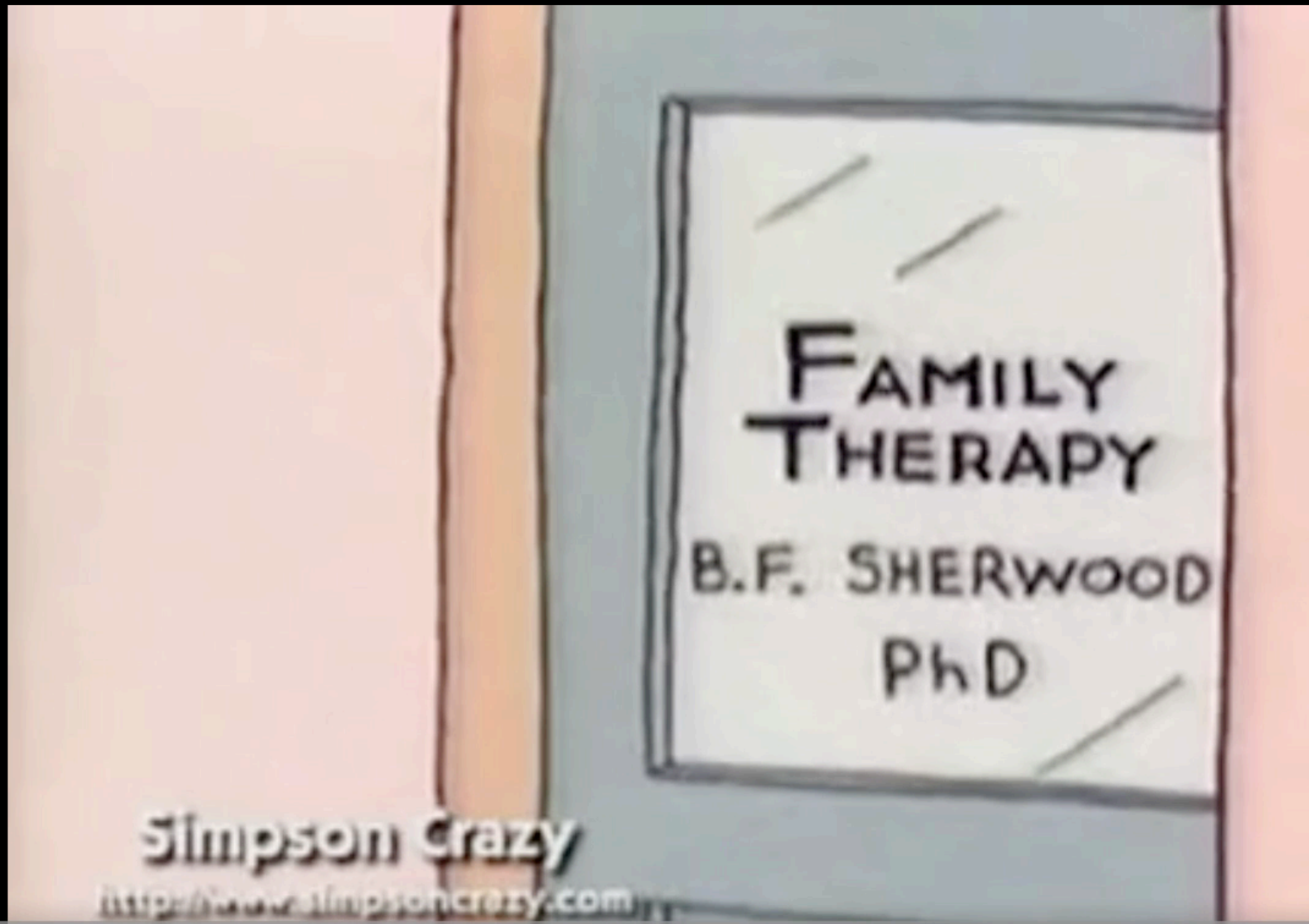
Week 04 of SOWK 487w in Spring 2023

Jacob Campbell, LICSW at Heritage University



Family Therapy

Season 3
Shorts for
the Simpsons



00:01 / 01:21   



Agenda

Specific tools for working with families

Dysfunctional family roles

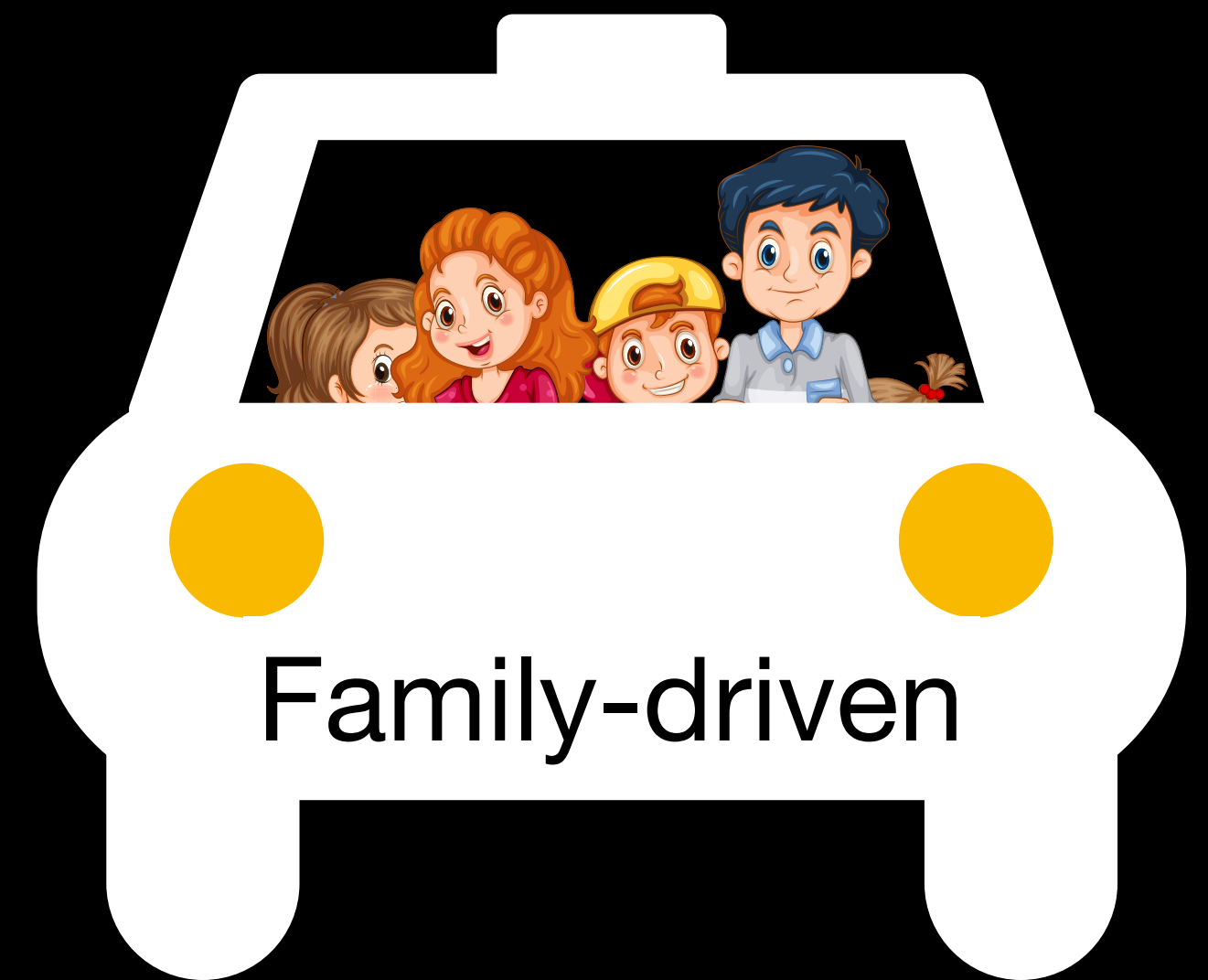
Some standard techniques for working with families



How Engaged is the Family?



Family-centered



(Chovil, 2009)



Requirements

For Practice of Wraparound Model

- Team-driven process
- Families must be full and active partners
- Individualized services and supports
- Culturally competent
- Flexible approaches and funding

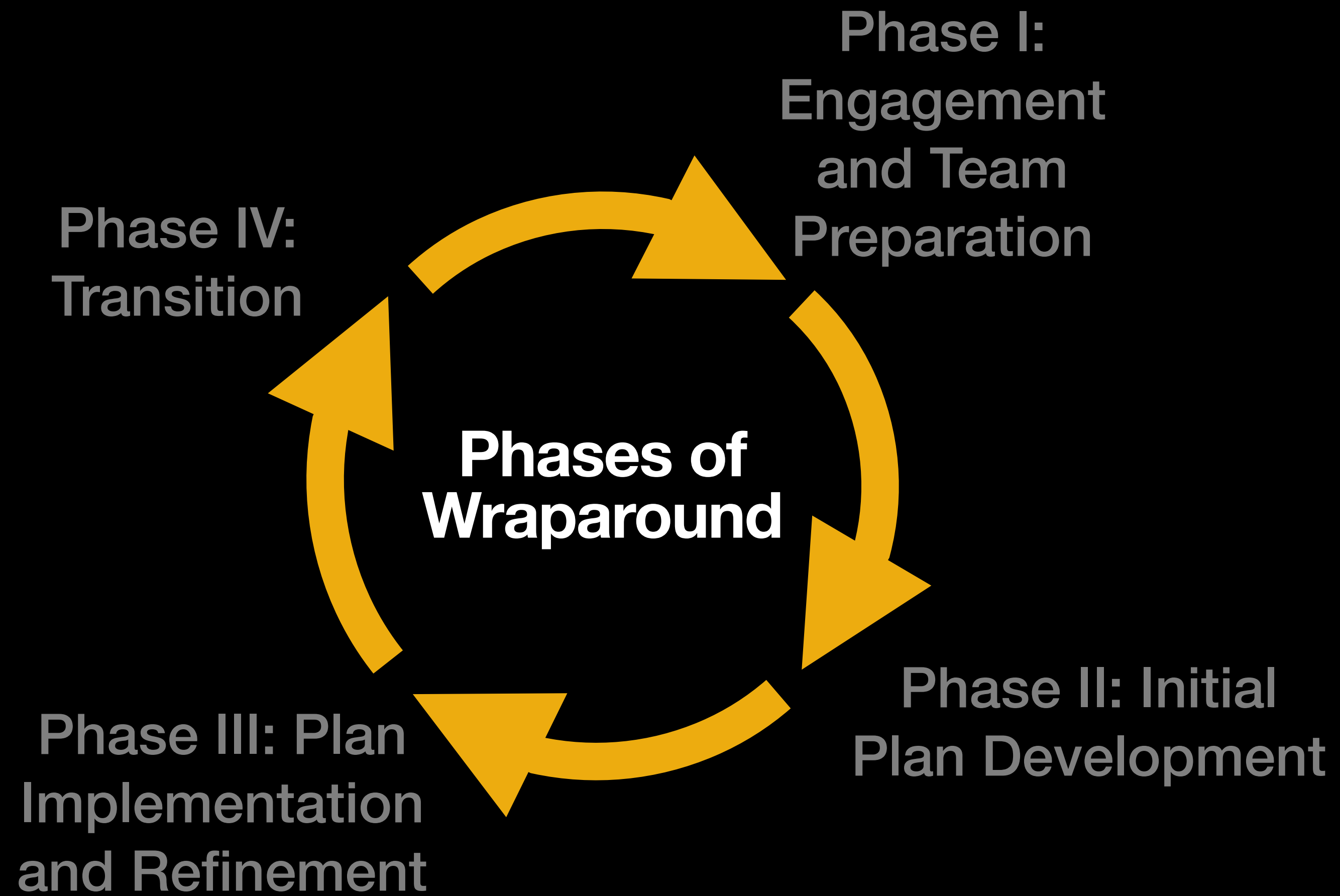


Requirements

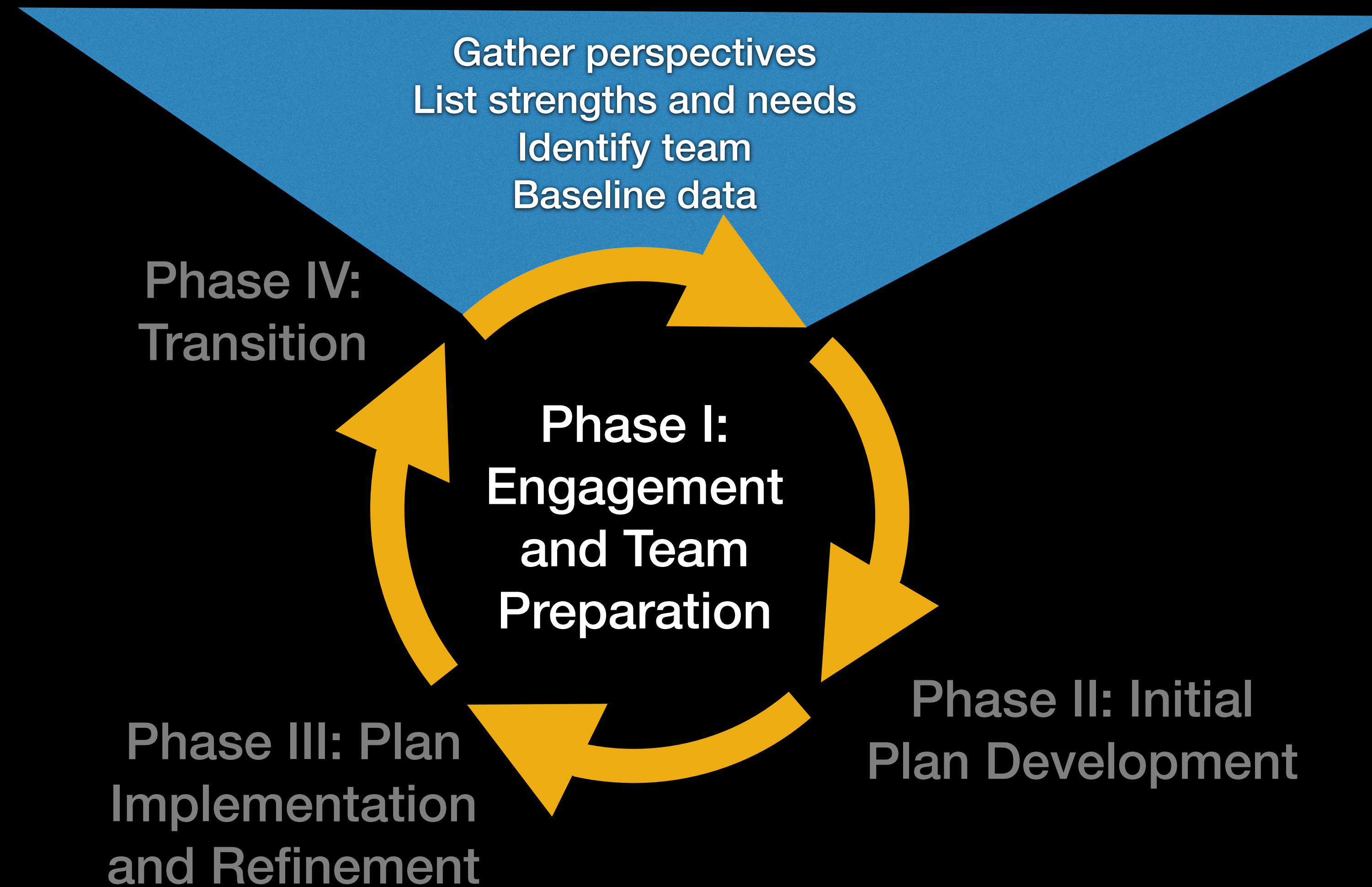
For Practice of Wraparound Model

- Balance of formal services and informal supports
- Unconditional commitment to serve
- Interagency, community-based collaborative process
- Outcomes must be determined and measured

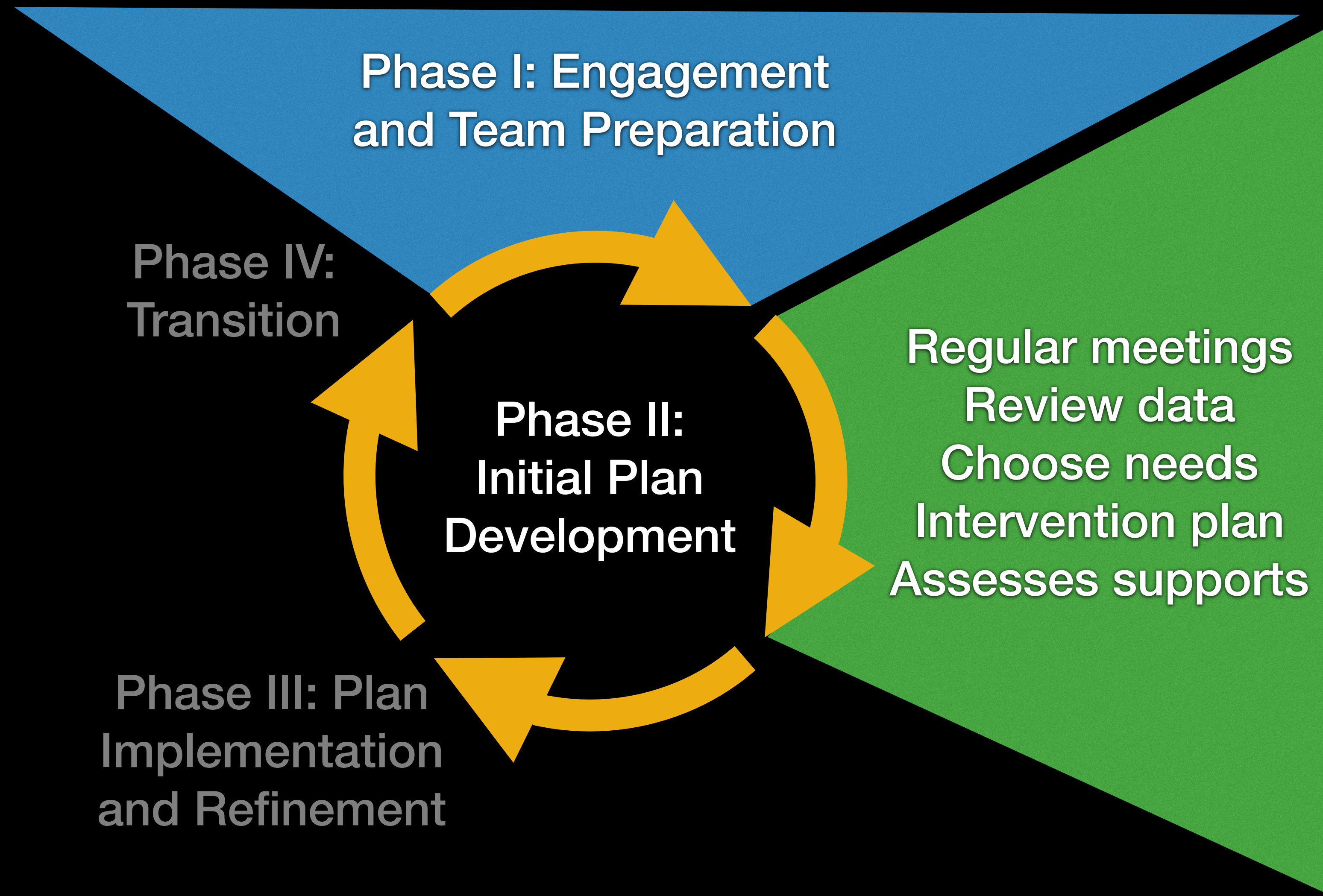




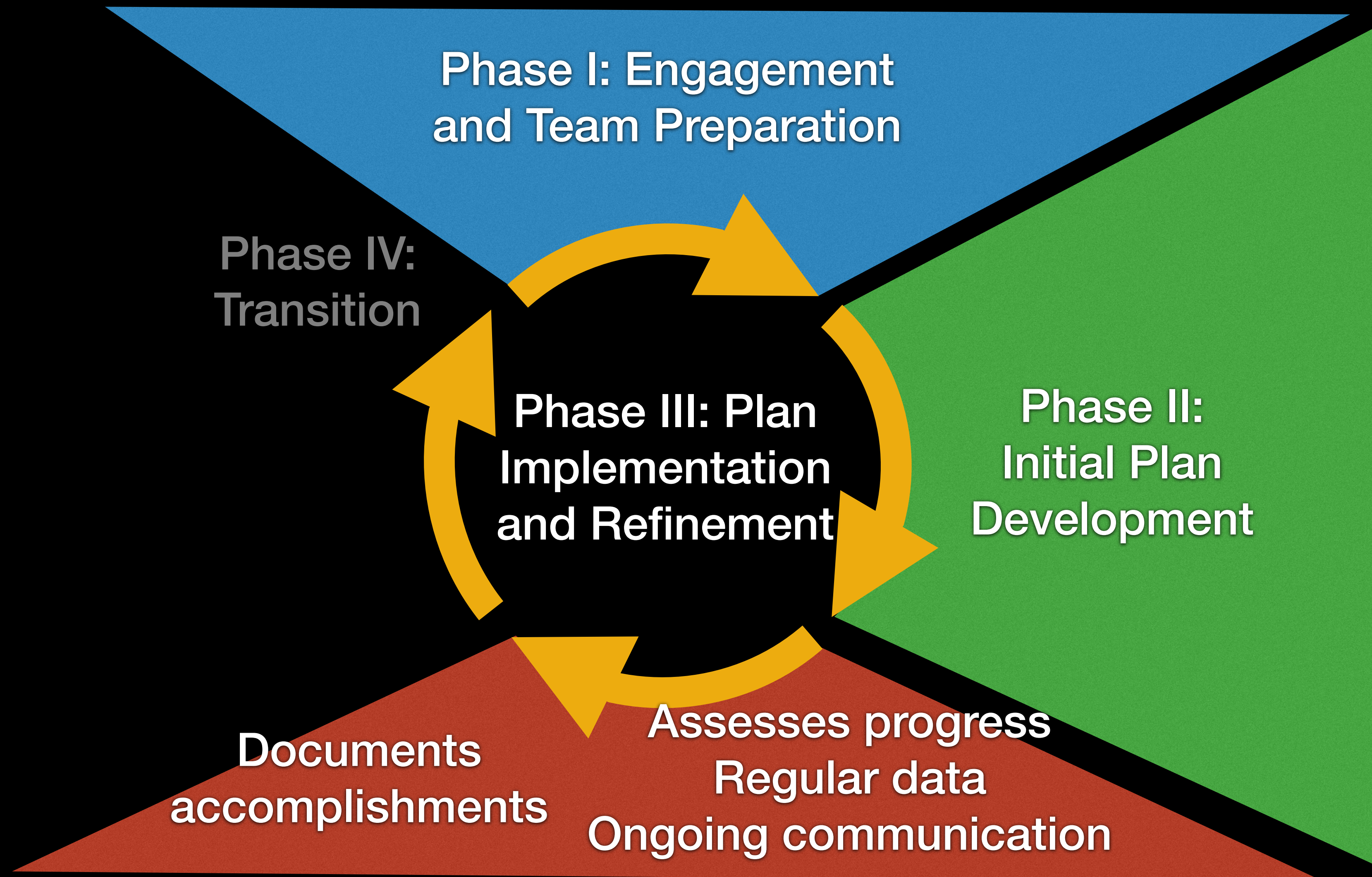
Phases of Wraparound



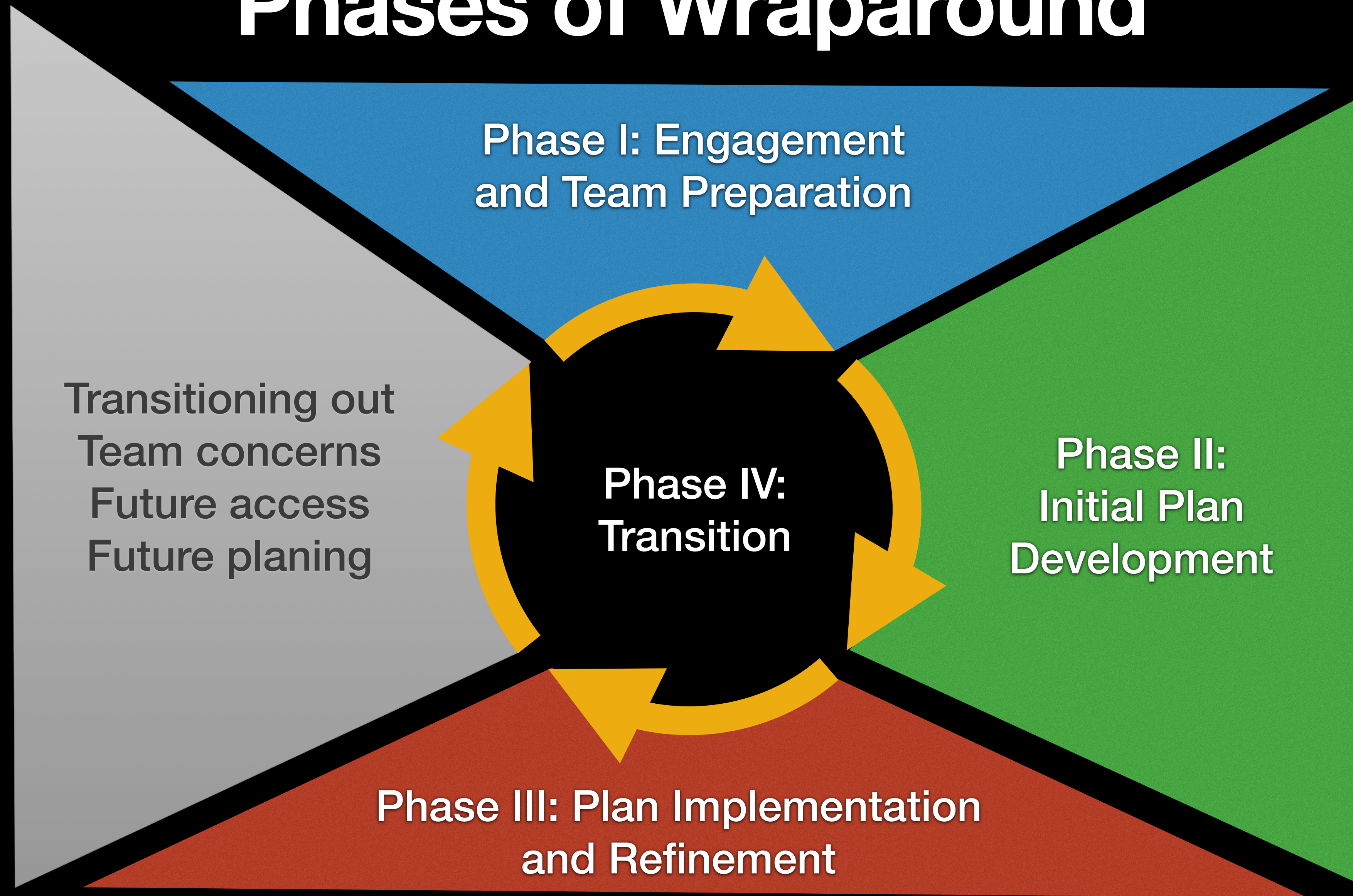
Phases of Wraparound



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Phases of Wraparound



Anger Control Chain

Aggression Replacement Training

Triggers (internal / external)

Cues

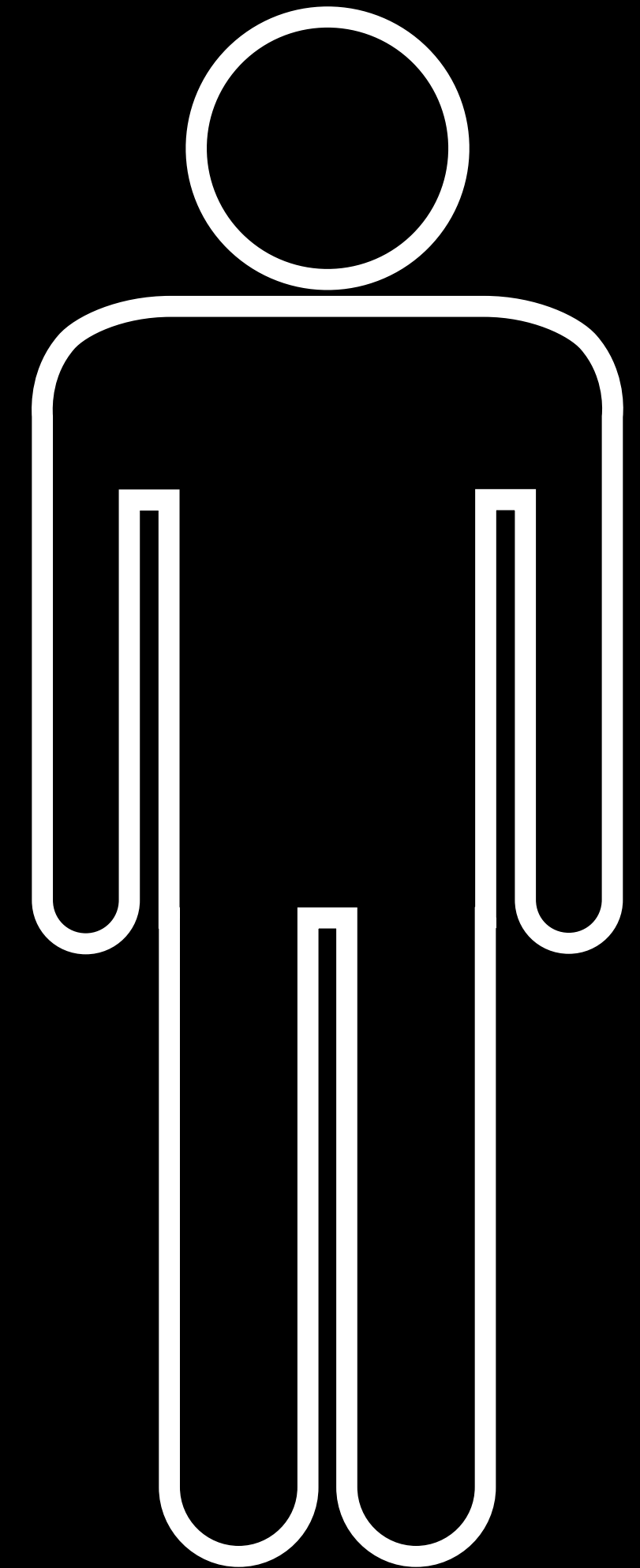
Anger reducers

Reminders

Thinking ahead (if __ then __ thinking)

Social skill

Self evaluation



What are your CUES?



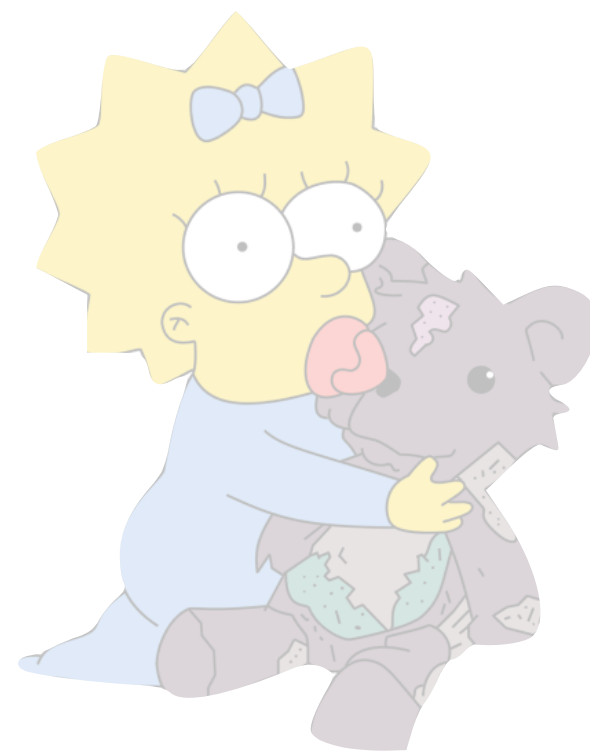
Dysfunctional Family Roles



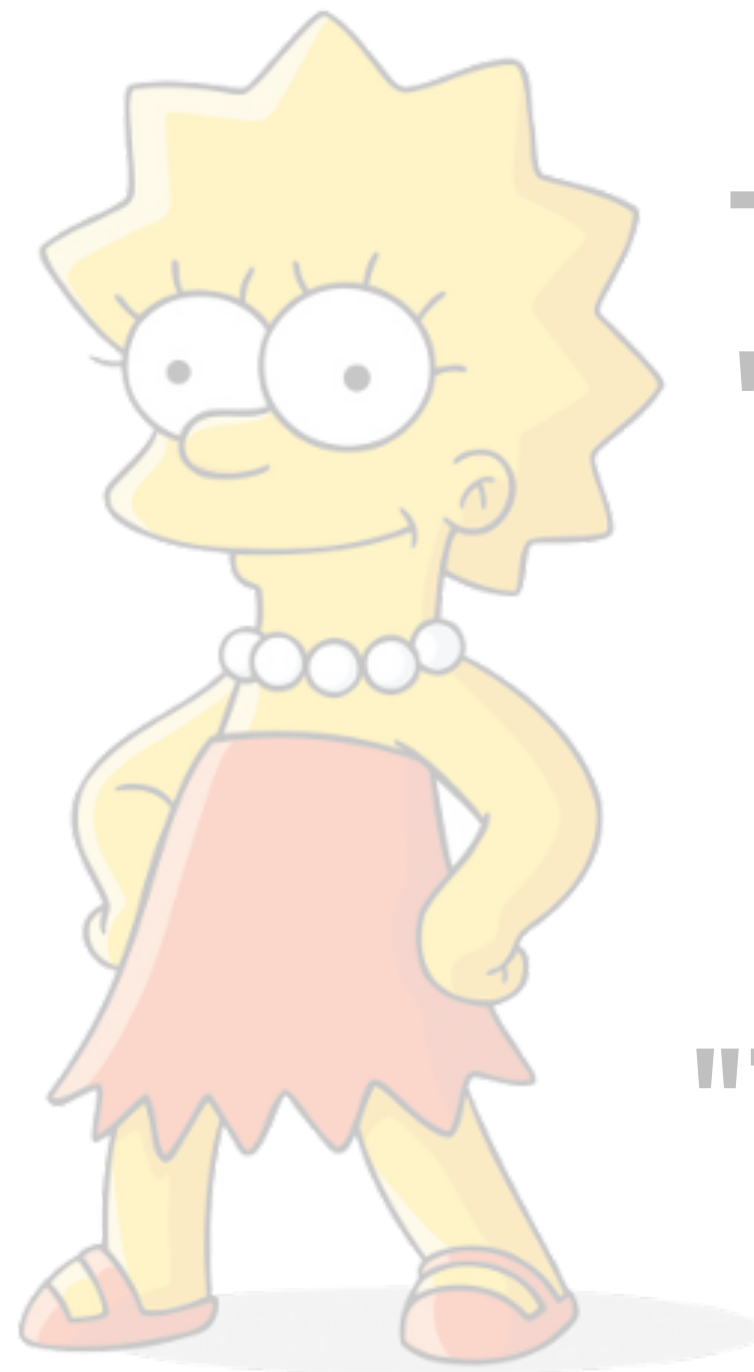


The Addict
"The Victim"

The Lost Child
"Space Cadet"



The Hero
"The Good Child"



The Mascot



The Caretaker
"The Enabler"



The Scapegoat
"The Screw Up"
"The Problem Child"





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"The Victim"

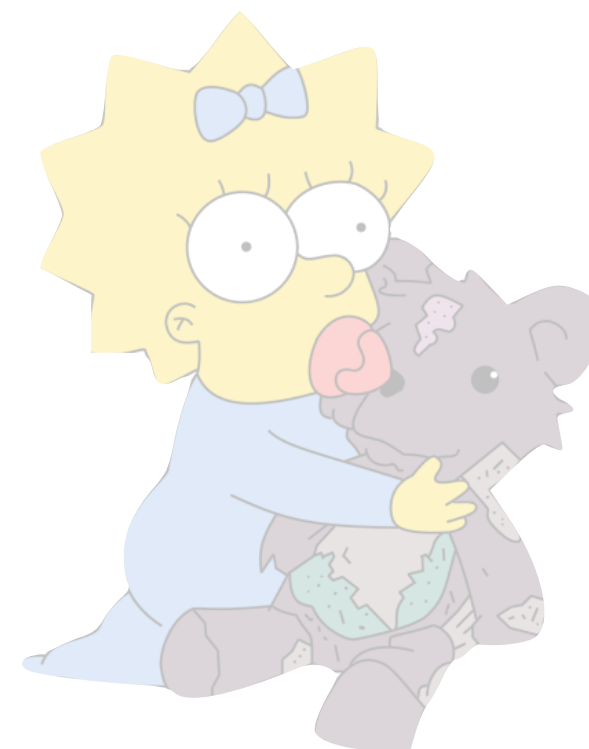


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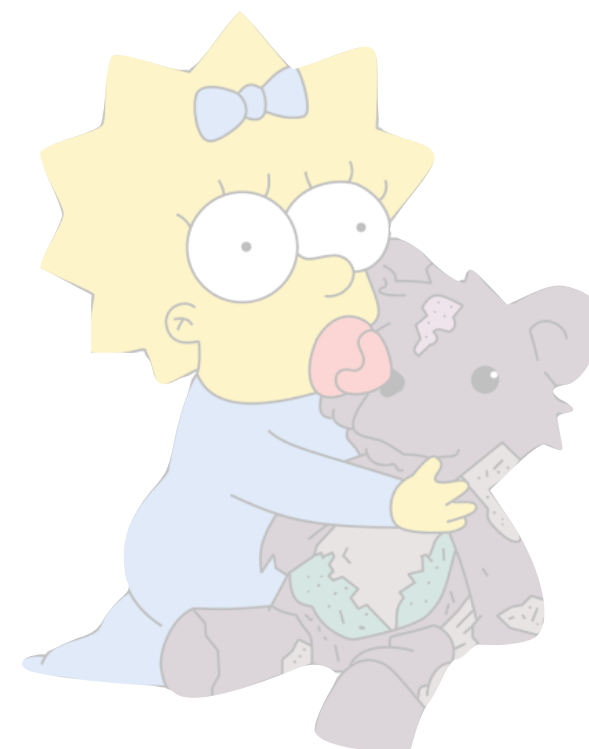


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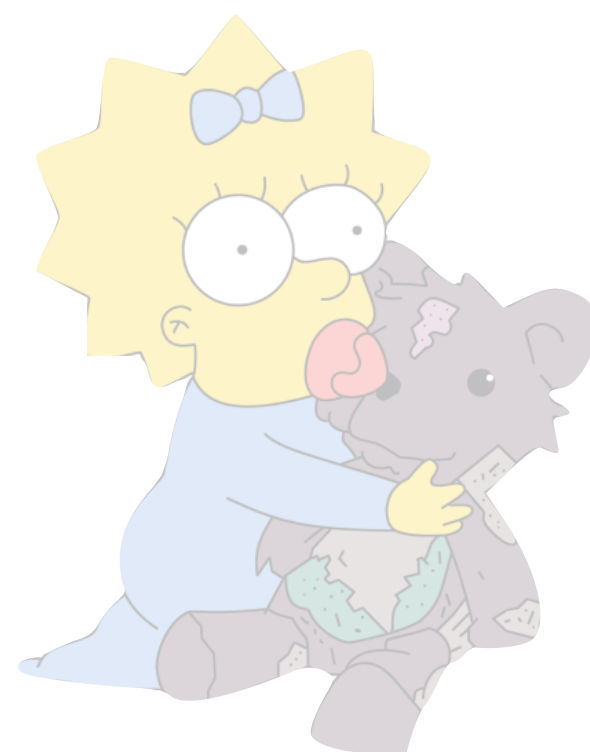


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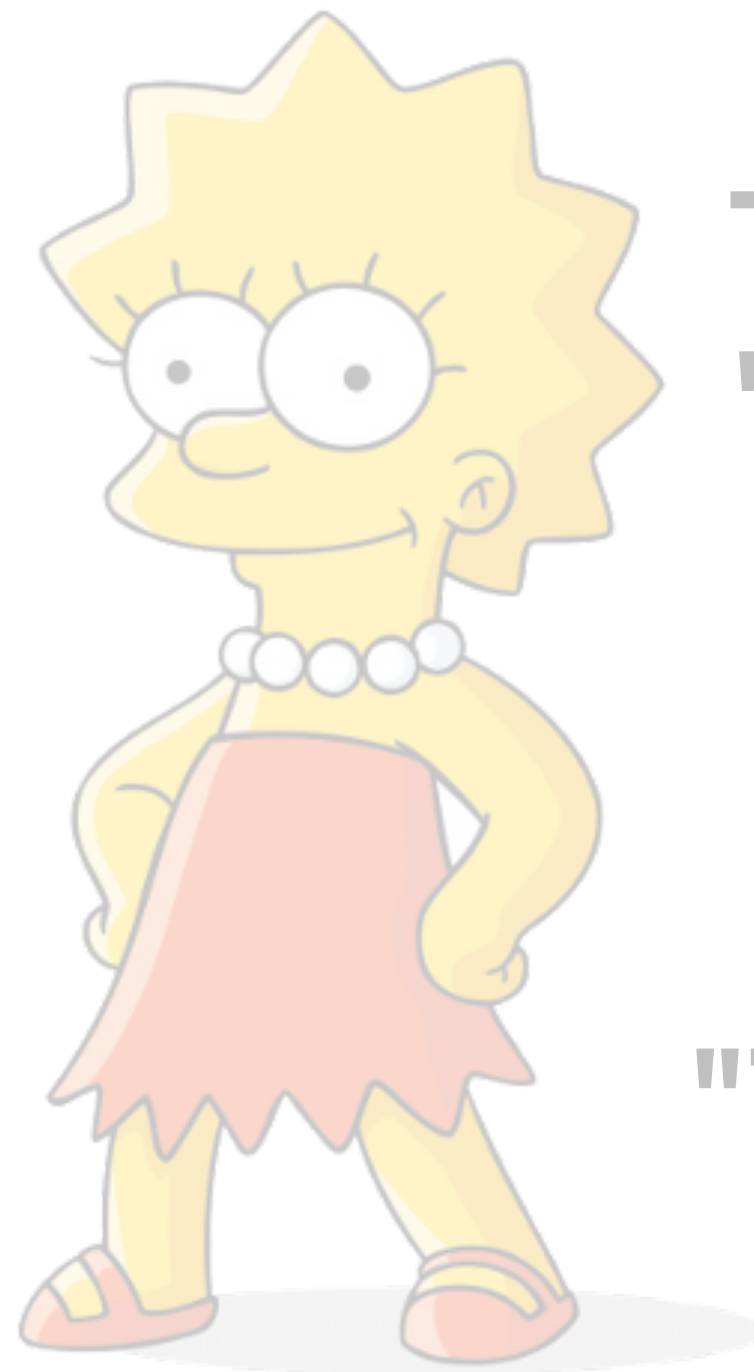


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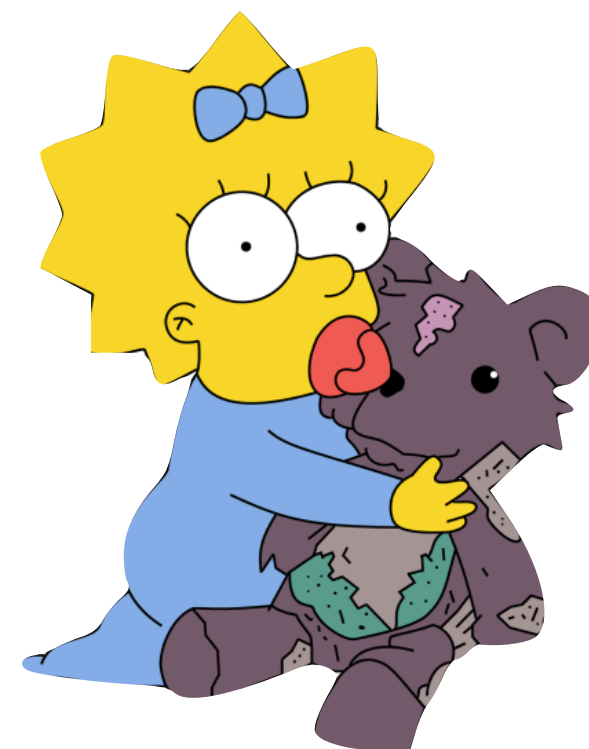


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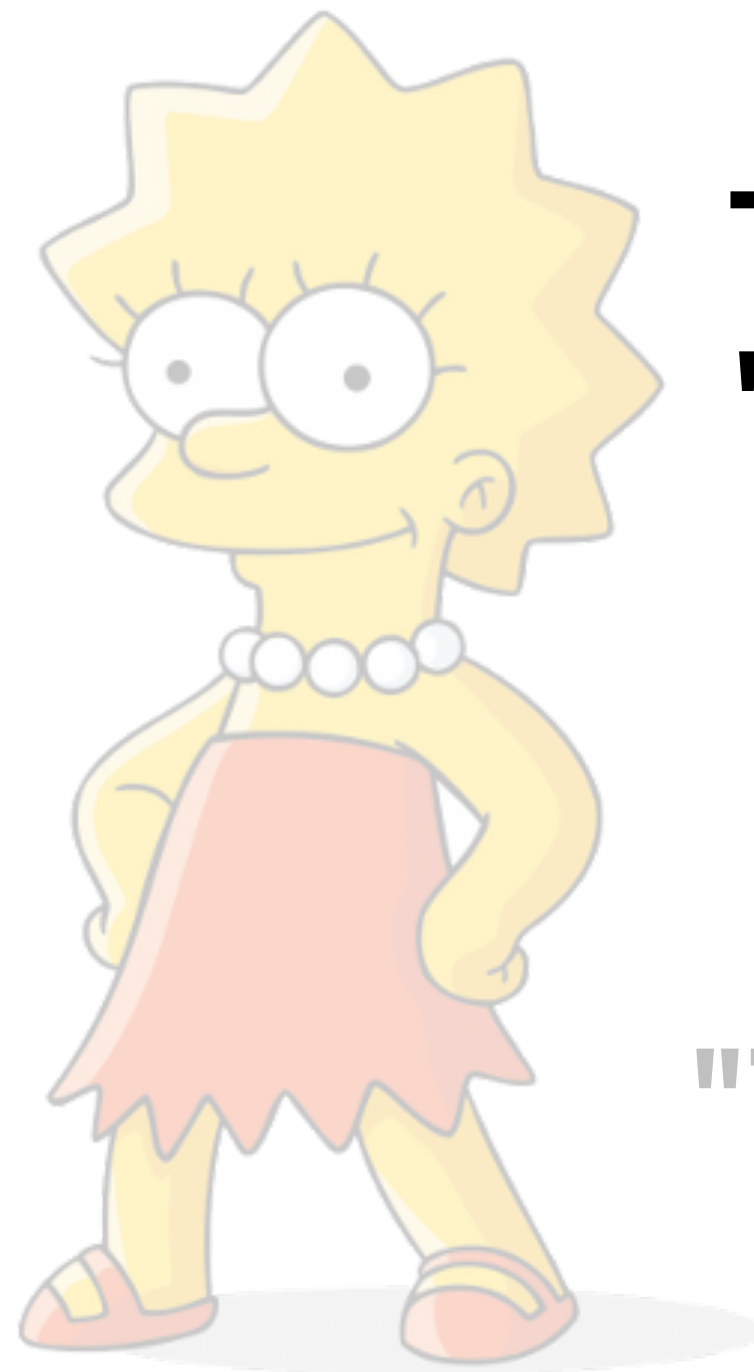


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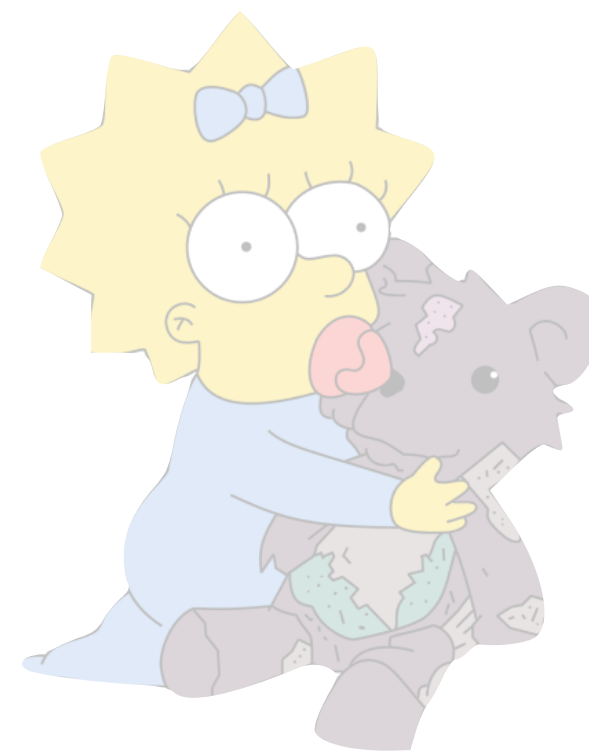


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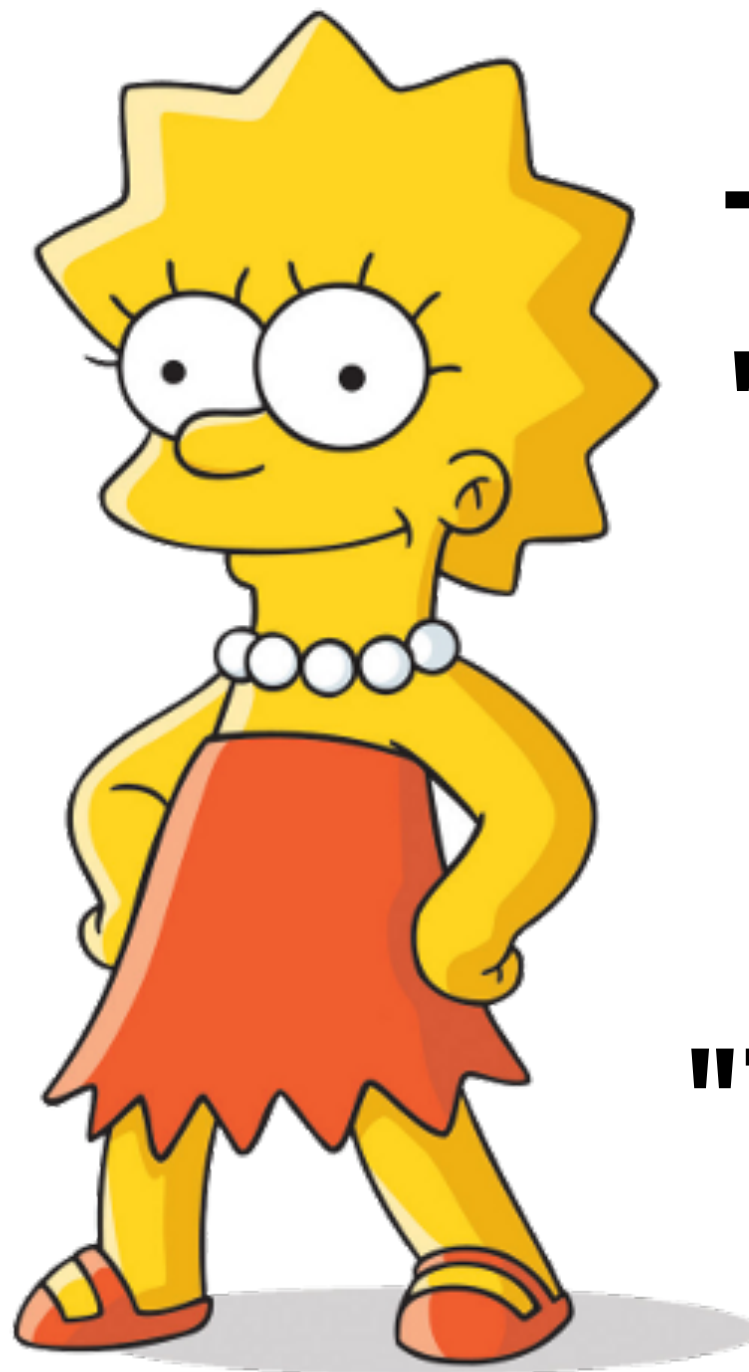


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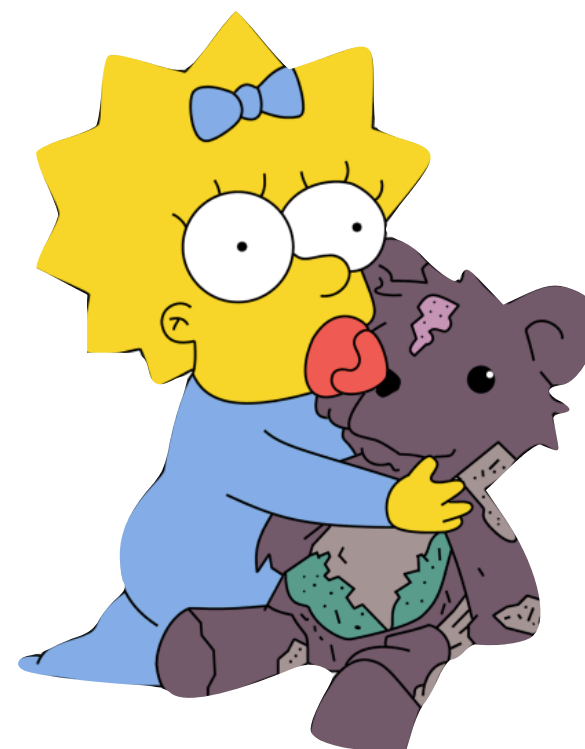
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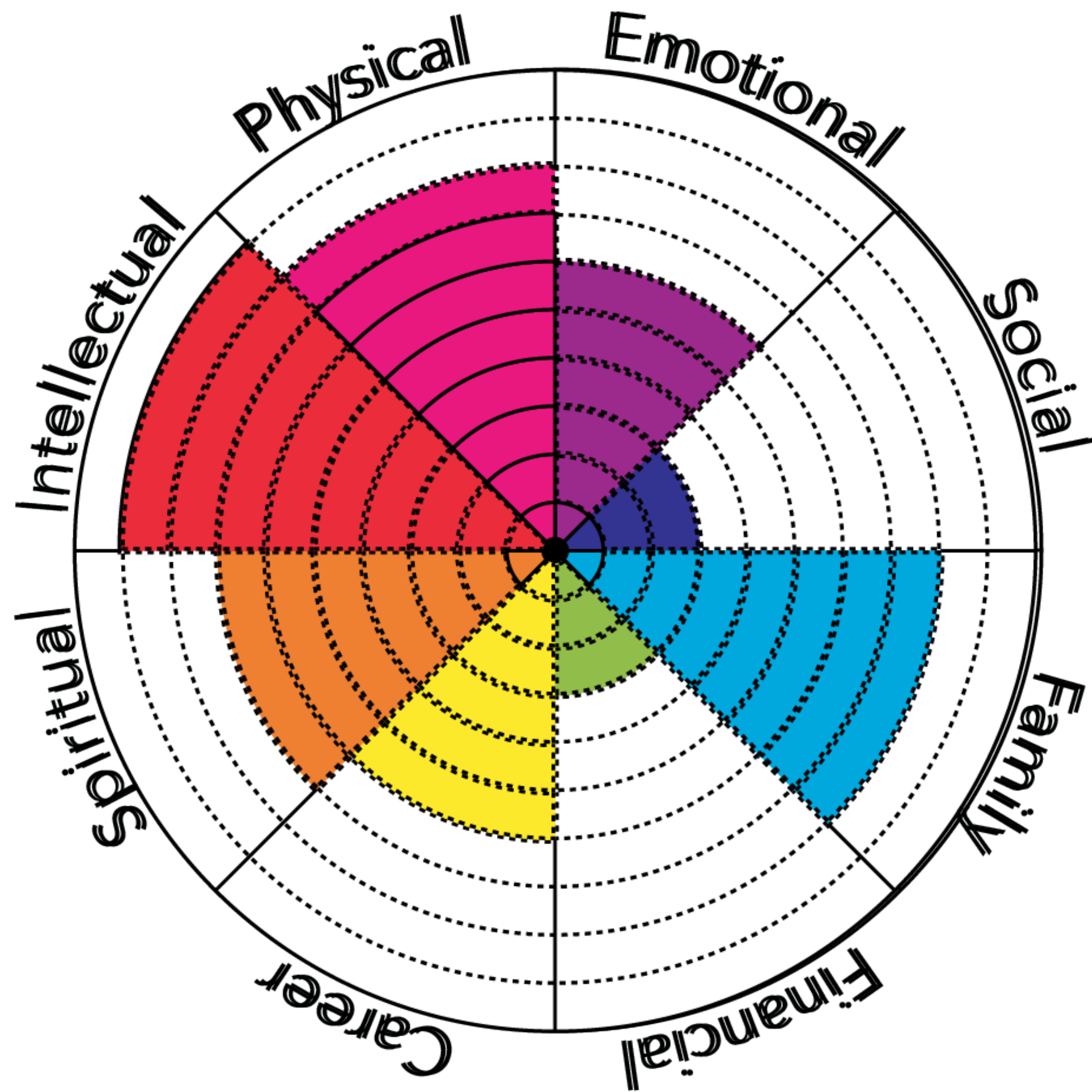
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Holistic Wellness Wheel



Implementation of Family Intervention



Implementation of Family Intervention

EMPOWERMENT

- Emphasizing Positive Communication
- Explore Exceptions
- Strengths & Competency
- Positive Activities
- Examine Problem Solving



Implementation of Family Intervention

REFRAMING



(Kirst-Ashman & Hull, 2015)



Implementation of Family Intervention

TECHNIQUES



(Kirst-Ashman & Hull, 2015)



Implementation of Family Intervention

CHILD MANAGEMENT



+/- Reinforcement
+/- Punishment
Modeling



Implementation of Family Intervention

SUPPORT



Implementation of Family Intervention

ROLE PLAYING



Implementation of Family Intervention

RECORDING



Implementation of Family Intervention

HOMEWORK



Implementation of Family Intervention

